

**Delaware Senior Olympics, Inc.**  
**Weightlifting**  
**October 13, 2007 - CHEER Community Center - Georgetown**  
**Sports Coordinator - Bill Messick**

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**Bench Press**

**Women**

<u>Age Category</u>	<u>Name</u>	<u>Weight Class</u>	<u>Lifted</u>	<u>Medal</u>
55-59	Terry Cook	220	100	Gold
60-64	Diane Jenke-McMahon	132	130	Gold
70-74	Ester Wolfe	181	105	Gold
75-79	Lorraine Kent	181	75	Gold

**Men**

50-54	Richard Lapointe	165	275	Gold
	Jeff Keller	165	185	Silver
55-59	Ron Treppede	198	330	Gold
60-64	David Lovelace	165	205	Gold
65-69	Ted Strab	165	205	Gold
75-79	Ben Raphael	220	235	Gold
	Bill Andrews	165	160	Silver
	Jim Wolfe	220	120	Bronze
80-84	Bill Darryman	181	180	Gold

## Bench Press - Reps

### Women

<u>Age Category</u>	<u>Name</u>	<u>Weight Class</u>	<u>Lifted</u>	<u>#Reps</u>	<u>Medal</u>
55-59	Terry Cook	220	65	20	Gold
60-64	Diane Jenke-McMahon	132	40	54	Gold
70-74	Ester Wolfe	181	50	37	Gold
75-79	Lorraine Kent	181	50	17	Gold

### Men

50-54	Richard Lapointe	165	110	55	Gold
	Jeff Keller	165	110	55	Silver
55-59	Ron Treppede	198	135	49	Gold
60-64	David Lovelace	165	110	29	Gold
65-69	Ted Strab	165	110	30	Gold
75-79	Bill Andrews	165	110	15	Gold
	Ben Raphael	220	145	15	Gold
80-84	Bill Darryman	181	125	15	Gold

## Deadlift

### Women

<u>Age Category</u>	<u>Name</u>	<u>Weight Class</u>	<u>Lifted</u>	<u>Medal</u>
55-59	Terry Cook	220	205	Gold

### Men

50-54	Richard Lapointe	165	325	Gold
	Jeff Keller	165	275	Silver
	Jack Cunningham	220	320	Gold

55-59	Ron Treppede	198	400	Gold
60-64	David Lovelace	165	255	Gold
70-74	John Christ	242	315	Gold
	Garth Dawson	242	290	Silver