Delaware Senior Olympics
2011 Results
Power Walk -- 1 Mile
October 15, 2011 at Delaware State University, Dover, DE

Last Name	First Name	City	Age	Sex	ST	Age Gp	Time HH:MM:SS.00	Position Overall	Position Delaware
Shinas	Valerie	Milford	51	F	DE	50-54	15:10.00	1	1
White	Gale	Lewes	57	F	DE	55-59	DNP		
Donovan	Suzanne	Milford	67	F	DE	65-69	15:42.00	1	1
Gatti	Carolyn	Wilmington	65	F	DE	65-69	18:08.00	2	2
Gilsenan	Jane	Bethany Beach	71	F	DE	70-74	14:19.00	1	1
Turnage	Bill	St. Albans	55	M	NY	55-59	12:58.00	1	
Ferris	Leonard	Newark	64	M	DE	60-64	12:53.00	1	1
Morrison	John	Essex	63	M	MD	60-64	DNP		
Alston	Amos	Newark	72	M	DE	70-74	DNP		
Carroll	Bob	Smyrna	73	M	DE	70-74	11:31.00	1	1

Delaware Senior Olympics
2011 Results
Power Walk -- 5K
October 15, 2011 at Delaware State University, Dover, DE

Last Name	First Name	City	Age	Sex	ST	Age Gp	Time HH:MM:SS.00	Position Overall	Position Delaware
Giesecke	Carol	Dover	64	F	DE	60-64	DNP		
Gilsenan	Jane	Bethany Beach	71	F	DE	70-74	43:47.00	1	1
Viera	Barbara	Newark	70	F	DE	70-74	52:23.00	2	2
Turnage	Bill	St. Albans	55	M	NY	55-59	42:10.00	1	
Ferris	Leonard	Newark	64	M	DE	60-64	40:17.00	1	1
Morrison	John	Essex	63	M	MD	60-64	DNP		
Alston	Amos	Newark	72	M	DE	70-74	DNP		
Carroll	Bob	Smyrna	73	M	DE	70-74	36:39.00	1	1