

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: admin@delawareseniorolympics.org

Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & field	100 meters	F	50 - 54	2006	Grandison	Deloris	DE	0:00:15.60		
State	Track & field	100 meters	M	50 - 54	2000	Terry	James	DE	0:00:12.40		
State	Track & field	100 meters	M	50 - 54	2007	Leight	Gary	DE	0:00:12.40		
Meet	Track & field	100 meters	F	50 - 54	2006	Grandison	Deloris	DE	0:00:15.60		
Meet	Track & field	100 meters	M	50 - 54	2009	Butler	Lovell	PA	0:00:11.63		
Meet	Track & field	100 meters	M	50 - 54	2007	Leight	Gary	DE	0:00:12.40		
State	Track & field	1500 meters	F	50 - 54	2004	Allen	June	DE	0:06:24.60		
State	Track & field	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00		
Meet	Track & field	1500 meters	F	50 - 54	2004	Allen	June	DE	0:06:24.60		
Meet	Track & field	1500 meters	M	50 - 54	1996	Webb	Richard	DE	0:04:41.00		
State	Track & field	200 meters	F	50 - 54	2006	Grandison	Delores	DE	0:00:30.00		
State	Track & field	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58		
Meet	Track & field	200 meters	F	50 - 54	2006	Grandison	Delores	DE	0:00:30.00		
Meet	Track & field	200 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:23.58		
State	Track & field	400 meters	F	50 - 54	2000	Allen	June	DE	0:01:27.70		
State	Track & field	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.45		
Meet	Track & field	400 meters	F	50 - 54	2000	Allen	June	DE	0:01:27.70		
Meet	Track & field	400 meters	M	50 - 54	2008	Blackwell	Ray	DE	0:00:54.50		
State	Track & field	800 meters	F	50 - 54	2004	Allen	June	DE	0:03:23.20		
State	Track & field	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10		
Meet	Track & field	800 meters	F	50 - 54	2004	Allen	June	DE	0:03:23.20		
Meet	Track & field	800 meters	M	50 - 54	1996	Webb	Richard	DE	0:02:19.10		
State	Track & Field	Discus	F	50 - 54	1998	Connell	Patricia	DE		108	11.0
State	Track & Field	Discus	M	50 - 54	2007	Baumanis	Aivars	DE		121	1.0
Meet	Track & Field	Discus	F	50 - 54	1998	Connell	Patricia	DE		108	11.0
Meet	Track & Field	Discus	M	50 - 54	2007	Baumanis	Aivars	DE		121	1.0
State	Track & Field	High Jump	F	50 - 54	2002	Mason-Guizzetti	Paulette	DE		2	10.0
State	Track & Field	High Jump	M	50 - 54	2004	Jackson	Terry	DE		5	1.0
Meet	Track & Field	High Jump	F	50 - 54	2002	Mason-Guizzetti	Paulette	DE		2	10.0

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
Meet	Track & Field	High Jump	M	50 - 54	2004	Jackson	Terry	DE		5	1.0
State	Track & Field	Javelin	F	50 - 54	2001	Mason	Paulette	DE		66	4.5
State	Track & Field	Javelin	M	50 - 54	2003	Rawlins	Jay	DE		107	8.0
Meet	Track & Field	Javelin	F	50 - 54	2001	Mason	Paulette	DE		66	4.5
Meet	Track & Field	Javelin	M	50 - 54	2009	Palleschi	Hartley	PA		109	5.1
State	Track & Field	R. Long Jump	M	50 - 54	2000	Boddy	Bob	DE		16	5.5
Meet	Track & Field	R. Long Jump	F	50 - 54							
Meet	Track & Field	R. Long Jump	M	50 - 54	2000	Boddy	Bob	DE		16	5.5
State	Track & Field	R. Long Jump	F	50 - 54							
State	Track & Field	Shot Put	F	50 - 54	2000	Connell	Patricia	DE		32	0.0
State	Track & Field	Shot Put	M	50 - 54	2001	Jackson	Phillip	DE		38	7.5
Meet	Track & Field	Shot Put	F	50 - 54	2000	Connell	Patricia	DE		32	0.0
Meet	Track & Field	Shot Put	M	50 - 54	2001	Jackson	Phillip	DE		38	7.5
State	Track & field	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80		
State	Track & field	100 meters	M	55 - 59	2004	Terry	James	DE	0:00:12.30		
Meet	Track & field	100 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:14.80		
Meet	Track & field	100 meters	M	55 - 59	2004	Terry	James	DE	0:00:12.30		
State	Track & field	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00		
State	Track & field	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40		
Meet	Track & field	1500 meters	F	55 - 59	2008	Hendrickson	Jean	DE	0:07:54.00		
Meet	Track & field	1500 meters	M	55 - 59	2002	Webb	Richard	DE	0:05:14.40		
State	Track & field	200 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:31.67		
State	Track & field	200 meters	M	55 - 59	2004	Terry	James	DE	0:00:26.10		
Meet	Track & field	200 meters	F	55 - 59	2008	Grandison	Delores	DE	0:00:31.67		
Meet	Track & field	200 meters	M	55 - 59	2004	Terry	James	DE	0:00:26.10		
State	Track & field	400 meters	F	55 - 59	1999	Hubbard	April	DE	0:01:34.90		
State	Track & field	400 meters	M	55 - 59	2004	Terry	James	DE	0:01:01.30		
Meet	Track & field	400 meters	F	55 - 59	1999	Hubbard	April	DE	0:01:34.90		
Meet	Track & field	400 meters	M	55 - 59	2009	Brooks	John	DE	0:01:01.00		

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & field	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00		
Meet	Track & field	800 meters	F	55 - 59							
Meet	Track & field	800 meters	M	55 - 59	1998	Bennett	Bob	DE	0:02:29.00		
State	Track & field	800 meters	F	55 - 59							
State	Track & Field	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		73	4.0
State	Track & Field	Discus	M	55 - 59	1997	Pratt	Larry	DE		164	9.0
Meet	Track & Field	Discus	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		73	4.0
Meet	Track & Field	Discus	M	55 - 59	1997	Pratt	Larry	DE		164	9.0
State	Track & Field	High Jump	M	55 - 59	2006	Boddy	Bob	DE		5	0.0
Meet	Track & Field	High Jump	F	55 - 59							
Meet	Track & Field	High Jump	M	55 - 59	2006	Boddy	Bob	DE		5	0.0
Meet	Track & Field	High Jump	M	55 - 59	2009	Mathis	Keith	MD		5	0.0
State	Track & Field	High Jump	F	55 - 59							
State	Track & Field	Javelin	F	55 - 59	2008	Mason-Guizzetti	Paulette	DE		62	8.8
State	Track & Field	Javelin	M	55 - 59	2009	Pollice	Guy	DE		122	8.1
Meet	Track & Field	Javelin	F	55 - 59	2008	Mason-Guizzetti	Paulette	DE		62	8.8
Meet	Track & Field	Javelin	M	55 - 59	2009	Mathis	Keith	MD		124	7.0
State	Track & Field	R. Long Jump	F	55 - 59	2003	McClung	Luray	DE		9	8.0
State	Track & Field	R. Long Jump	M	55 - 59	2002	Boddy	Bob	DE		16	2.5
Meet	Track & Field	R. Long Jump	F	55 - 59	2009	Warren	Barbara	WV		9	8.0
Meet	Track & Field	R. Long Jump	M	55 - 59	2009	Mathis	Keith	MD		16	3.0
State	Track & Field	Shot Put	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		28	2.0
State	Track & Field	Shot Put	M	55 - 59	2000	Pratt	Larry	DE		40	9.0
Meet	Track & Field	Shot Put	F	55 - 59	2007	Arbelbide	Cindy Lea	DE		28	2.0
Meet	Track & Field	Shot Put	M	55 - 59	2000	Pratt	Larry	DE		40	9.0
State	Track & field	100 meters	F	60 - 64	1993	Brown	Grace	DE	0:00:16.60		
State	Track & field	100 meters	M	60 - 64	2005	McCrea	Claude	DE	0:00:13.50		
Meet	Track & field	100 meters	F	60 - 64	1993	Brown	Grace	DE	0:00:16.60		
Meet	Track & field	100 meters	M	60 - 64	2005	McCrea	Claude	DE	0:00:13.50		

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & field	1500 meters	F	60 - 64	1993	Lisehora	Marion	DE	0:07:31.03		
State	Track & field	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00		
Meet	Track & field	1500 meters	F	60 - 64	1993	Lisehora	Marion	DE	0:07:31.03		
Meet	Track & field	1500 meters	M	60 - 64	1998	Zwolak	Vic	DE	0:04:52.00		
State	Track & field	200 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:00:41.10		
State	Track & field	200 meters	M	60 - 64	2000	Lutz	Jay	DE	0:00:28.10		
Meet	Track & field	200 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:00:41.10		
Meet	Track & field	200 meters	M	60 - 64	2000	Lutz	Jay	DE	0:00:28.10		
State	Track & field	400 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:01:36.60		
State	Track & field	400 meters	M	60 - 64	2006	Flowers	Jerry	DE	0:01:06.30		
Meet	Track & field	400 meters	F	60 - 64	1992	Lisehora	Marion	DE	0:01:36.60		
Meet	Track & field	400 meters	M	60 - 64	2006	Flowers	Jerry	DE	0:01:06.30		
State	Track & field	800 meters	F	60 - 64	2002	Lisehora	Marion	DE	0:03:43.00		
State	Track & field	800 meters	M	60 - 64	2002	Zwolak	Vic	DE	0:02:38.40		
Meet	Track & field	800 meters	F	60 - 64	2002	Lisehora	Marion	DE	0:03:43.00		
Meet	Track & field	800 meters	M	60 - 64	2002	Zwolak	Vic	DE	0:02:38.40		
State	Track & Field	Discus	F	60 - 64	2001	Mair	Harriet	DE		70	9.0
State	Track & Field	Discus	M	60 - 64	2002	Pratt	Larry	DE		184	4.0
Meet	Track & Field	Discus	F	60 - 64	2001	Mair	Harriet	DE		70	9.0
Meet	Track & Field	Discus	M	60 - 64	2002	Pratt	Larry	DE		184	4.0
State	Track & Field	High Jump	F	60 - 64	2001	Blakey	Deloris	DE		3	0.0
State	Track & Field	High Jump	M	60 - 64	2006	Holt	Rick	DE		5	0.0
Meet	Track & Field	High Jump	F	60 - 64	2009	Warren	Barbara	WV		3	4.0
Meet	Track & Field	High Jump	M	60 - 64	2006	Holt	Rick	DE		5	0.0
State	Track & Field	Javelin	F	60 - 64	2001	Mair	Harriet	DE		69	2.5
State	Track & Field	Javelin	M	60 - 64	1999	Ryan	John	DE		123	6.0
Meet	Track & Field	Javelin	F	60 - 64	2001	Mair	Harriet	DE		69	2.5
Meet	Track & Field	Javelin	M	60 - 64	1999	Ryan	John	DE		123	6.0
State	Track & Field	R. Long Jump	F	60 - 64	1999	Blakey	Deloris	DE		9	10.0

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & Field	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		16	6.4
Meet	Track & Field	R. Long Jump	F	60 - 64	1999	Blakey	Deloris	DE		9	10.0
Meet	Track & Field	R. Long Jump	M	60 - 64	2008	Boddy	Bob	DE		16	6.4
State	Track & Field	Shot Put	F	60 - 64	2001	McClung	Luray	DE		24	0.3
State	Track & Field	Shot Put	M	60 - 64	1998	Overbeck	Lew	DE		37	9.3
Meet	Track & Field	Shot Put	F	60 - 64	2001	McClung	Luray	DE		24	0.3
Meet	Track & Field	Shot Put	M	60 - 64	1998	Overbeck	Lew	DE		37	9.3
State	Track & field	100 meters	F	65 - 69	2003	Blakey	Delores	DE	0:00:17.00		
State	Track & field	100 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:00:14.50		
Meet	Track & field	100 meters	F	65 - 69	2003	Blakey	Delores	DE	0:00:17.00		
Meet	Track & field	100 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:00:14.50		
State	Track & field	1500 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:08:40.50		
State	Track & field	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04		
Meet	Track & field	1500 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:08:40.50		
Meet	Track & field	1500 meters	M	65 - 69	2007	Zwolak	Victor	DE	0:05:21.04		
State	Track & field	200 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:00:46.30		
State	Track & field	200 meters	M	65 - 69	2002	Dossett	Clyde	DE	0:00:31.70		
Meet	Track & field	200 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:00:46.30		
Meet	Track & field	200 meters	M	65 - 69	2002	Dossett	Clyde	DE	0:00:31.70		
State	Track & field	400 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:01:45.00		
State	Track & field	400 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:01:12.90		
Meet	Track & field	400 meters	F	65 - 69	1997	Lisehora	Marion	DE	0:01:45.00		
Meet	Track & field	400 meters	M	65 - 69	1995	Ruppert	Patrick	DE	0:01:12.90		
State	Track & field	800 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:04:25.00		
State	Track & field	800 meters	M	65 - 69	1997	Sayers	Jim	DE	0:03:03.00		
Meet	Track & field	800 meters	F	65 - 69	2000	Lisehora	Marion	DE	0:04:25.00		
Meet	Track & field	800 meters	M	65 - 69	1997	Sayers	Jim	DE	0:03:03.00		
State	Track & Field	Discus	F	65 - 69	2000	Lisehora	Marion	DE		56	9.0
State	Track & Field	Discus	M	65 - 69	2000	Overbeck	Lew	DE		128	3.0

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
Meet	Track & Field	Discus	F	65 - 69	2000	Lisehora	Marion	DE		56	9.0
Meet	Track & Field	Discus	M	65 - 69	2000	Overbeck	Lew	DE		128	3.0
State	Track & Field	High Jump	F	65 - 69	2000	Lisehora	Marion	DE		2	10.0
State	Track & Field	High Jump	M	65 - 69	2002	Kjelleren	Don	DE		3	10.0
Meet	Track & Field	High Jump	F	65 - 69	2000	Lisehora	Marion	DE		2	10.0
Meet	Track & Field	High Jump	M	65 - 69	2002	Kjelleren	Don	DE		3	10.0
State	Track & Field	Javelin	F	65 - 69	1999	Lisehora	Marion	DE		56	11.0
State	Track & Field	Javelin	M	65 - 69	2000	Ryan	John	DE		110	4.0
Meet	Track & Field	Javelin	F	65 - 69	1999	Lisehora	Marion	DE		56	11.0
Meet	Track & Field	Javelin	M	65 - 69	2009	Kenney	James	MD		140	2.0
State	Track & Field	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		11	2.5
State	Track & Field	R. Long Jump	M	65 - 69	1999	Schaefer	Bob	DE		13	9.0
Meet	Track & Field	R. Long Jump	F	65 - 69	2003	Blakey	Deloris	DE		11	2.5
Meet	Track & Field	R. Long Jump	M	65 - 69	1999	Schaefer	Bob	DE		13	9.0
State	Track & Field	Shot Put	F	65 - 69	2005	Brown	Doris	DE		22	3.0
State	Track & Field	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		35	6.0
Meet	Track & Field	Shot Put	F	65 - 69	2005	Brown	Doris	DE		22	3.0
Meet	Track & Field	Shot Put	M	65 - 69	2000	Overbeck	Lew	DE		35	6.0
State	Track & field	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80		
State	Track & field	100 meters	M	70 - 74	1993	Lenoir	James	DE	0:00:14.10		
Meet	Track & field	100 meters	F	70 - 74	2008	Blakey	Delores	DE	0:00:17.80		
Meet	Track & field	100 meters	M	70 - 74	1993	Lenoir	James	DE	0:00:14.10		
State	Track & field	1500 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:09:13.00		
State	Track & field	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20		
Meet	Track & field	1500 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:09:13.00		
Meet	Track & field	1500 meters	M	70 - 74	1994	Burdelle	L.	DE	0:06:06.20		
State	Track & field	200 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:00:49.20		
State	Track & field	200 meters	M	70 - 74	2009	Paulen	Robert	DE	0:00:31.92		
Meet	Track & field	200 meters	F	70 - 74	2002	Lisehora	Marion	DE	0:00:49.20		

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
Meet	Track & field	200 meters	M	70 - 74	2009	Paulen	Robert	DE	0:00:31.92		
State	Track & field	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60		
State	Track & field	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60		
Meet	Track & field	400 meters	F	70 - 74	1998	Foster	Dorothy	DE	0:01:55.60		
Meet	Track & field	400 meters	M	70 - 74	2009	Paulen	Robert	DE	0:01:14.60		
State	Track & field	800 meters	F	70 - 74	2001	Lisehora	Marion	DE	0:04:57.60		
State	Track & field	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40		
Meet	Track & field	800 meters	F	70 - 74	2001	Lisehora	Marion	DE	0:04:57.60		
Meet	Track & field	800 meters	M	70 - 74	1994	Burdelle	L.	DE	0:02:52.40		
State	Track & Field	Discus	F	70 - 74	2002	Lisehora	Marion	DE		55	3.0
State	Track & Field	Discus	M	70 - 74	2005	Overbeck	Lew	DE		113	0.0
Meet	Track & Field	Discus	F	70 - 74	2002	Lisehora	Marion	DE		55	3.0
Meet	Track & Field	Discus	M	70 - 74	2005	Overbeck	Lew	DE		113	0.0
State	Track & Field	High Jump	F	70 - 74	2001	Lisehora	Marion	DE		2	10.0
State	Track & Field	High Jump	M	70 - 74	2004	Kjelleren	Don	DE		4	1.0
Meet	Track & Field	High Jump	F	70 - 74	2001	Lisehora	Marion	DE		2	10.0
Meet	Track & Field	High Jump	M	70 - 74	2004	Kjelleren	Don	DE		4	1.0
State	Track & Field	Javelin	F	70 - 74	2001	Lisehora	Marion	DE		57	7.5
State	Track & Field	Javelin	M	70 - 74	2005	Ryan	John	DE		99	5.0
Meet	Track & Field	Javelin	F	70 - 74	2001	Lisehora	Marion	DE		57	7.5
Meet	Track & Field	Javelin	M	70 - 74	2005	Ryan	John	DE		99	5.0
State	Track & Field	R. Long Jump	F	70 - 74	2003	Lisehora	Marion	DE		9	3.5
State	Track & Field	R. Long Jump	M	70 - 74	2002	Schaefer	Bob	DE		11	7.5
Meet	Track & Field	R. Long Jump	F	70 - 74	2003	Lisehora	Marion	DE		9	3.5
Meet	Track & Field	R. Long Jump	M	70 - 74	2002	Schaefer	Bob	DE		11	7.5
State	Track & Field	Shot Put	F	70 - 74	2001	Lisehora	Marion	DE		20	0.8
State	Track & Field	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		37	3.0
Meet	Track & Field	Shot Put	F	70 - 74	2001	Lisehora	Marion	DE		20	0.8
Meet	Track & Field	Shot Put	M	70 - 74	2005	Overbeck	Lew	DE		37	3.0

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & field	100 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:00:21.10		
State	Track & field	100 meters	M	75 - 79	1995	Bridson	Frank	DE	0:00:15.80		
Meet	Track & field	100 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:16.94		
Meet	Track & field	100 meters	M	75 - 79	1995	Bridson	Frank	DE	0:00:15.80		
State	Track & field	1500 meters	M	75 - 79	2003	Sayers	Jim	DE	0:06:56.50		
Meet	Track & field	1500 meters	F	75 - 79							
Meet	Track & field	1500 meters	M	75 - 79	2003	Sayers	Jim	DE	0:06:56.50		
State	Track & field	1500 meters	F	75 - 79							
State	Track & field	200 meters	F	75 - 79	1994	Yencharis	Becky	DE	0:01:01.40		
State	Track & field	200 meters	M	75 - 79	2009	Wall	Robert	DE	0:00:35.17		
Meet	Track & field	200 meters	F	75 - 79	2009	Lary	Audrey	MD	0:00:36.67		
Meet	Track & field	200 meters	M	75 - 79	2009	Wall	Robert	DE	0:00:35.17		
State	Track & field	400 meters	F	75 - 79	2007	Lisehora	Marion	DE	0:02:10.95		
State	Track & field	400 meters	M	75 - 79	2000	Persak	Ken	DE	0:01:29.80		
Meet	Track & field	400 meters	F	75 - 79	2009	Lary	Audrey	MD	0:01:27.00		
Meet	Track & field	400 meters	M	75 - 79	2000	Persak	Ken	DE	0:01:29.80		
State	Track & field	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70		
Meet	Track & field	800 meters	F	75 - 79							
Meet	Track & field	800 meters	M	75 - 79	2003	Sayers	Jim	DE	0:03:33.70		
State	Track & field	800 meters	F	75 - 79							
State	Track & Field	Discus	F	75 - 79	2007	Lisehora	Marion	DE		48	5.5
State	Track & Field	Discus	M	75 - 79	2009	Jones	Ward	DE		91	12.0
Meet	Track & Field	Discus	F	75 - 79	2007	Lisehora	Marion	DE		48	5.5
Meet	Track & Field	Discus	M	75 - 79	2009	Jones	Ward	DE		91	12.0
State	Track & Field	High Jump	M	75 - 79	2008	Kjelleren	Donald	DE		3	7.7
Meet	Track & Field	High Jump	F	75 - 79							
Meet	Track & Field	High Jump	M	75 - 79	2008	Kjelleren	Donald	DE		3	7.7
State	Track & Field	High Jump	F	75 - 79							
State	Track & Field	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		51	2.0

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: admin@delawareseniolympics.org

Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & Field	Javelin	M	75 - 79	2004	Horning	Hugh	DE		67	0.0
Meet	Track & Field	Javelin	F	75 - 79	2007	Lisehora	Marion	DE		51	2.0
Meet	Track & Field	Javelin	M	75 - 79	2004	Horning	Hugh	DE		67	0.0
State	Track & Field	R. Long Jump	F	75 - 79	2008	Lisehora	Marion	DE		7	4.25
State	Track & Field	R. Long Jump	M	75 - 79	2002	Meader	Robert	DE		10	11.5
Meet	Track & Field	R. Long Jump	F	75 - 79	2009	Lary	Audrey	MD		10	11.00
Meet	Track & Field	R. Long Jump	M	75 - 79	2002	Meader	Robert	DE		10	11.5
State	Track & Field	Shot Put	F	75 - 79	2007	Lisehora	Marion	DE		17	9.5
State	Track & Field	Shot Put	M	75 - 79	1999	Wagner	Robert	DE		30	0.0
Meet	Track & Field	Shot Put	F	75 - 79	2007	Lisehora	Marion	DE		17	9.5
Meet	Track & Field	Shot Put	M	75 - 79	2009	Jones	Ward	MD		31	9.5
State	Track & field	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00		
State	Track & field	100 meters	M	80 - 84	1997	Bridson	Frank	DE	0:00:17.70		
Meet	Track & field	100 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:00:29.00		
Meet	Track & field	100 meters	M	80 - 84	2009	Rice	Tom	PA	0:00:16.98		
State	Track & field	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28		
Meet	Track & field	1500 meters	F	80 - 84							
State	Track & field	1500 meters	F	80 - 84							
Meet	Track & field	1500 meters	M	80 - 84	2007	Lennihan	Richard	DE	0:08:58.28		
State	Track & field	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40		
State	Track & field	200 meters	M	80 - 84	2009	Knobloch	Fred	DE	0:00:40.93		
Meet	Track & field	200 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:01:09.40		
Meet	Track & field	200 meters	M	80 - 84	2009	Rice	Tom	PA	0:00:38.04		
State	Track & field	400 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:02:25.70		
State	Track & field	400 meters	M	80 - 84	2005	Meader	Robert	DE	0:01:52.20		
Meet	Track & field	400 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:02:25.70		
Meet	Track & field	400 meters	M	80 - 84	2005	Meader	Robert	DE	0:01:52.20		
State	Track & field	800 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:05:27.30		
State	Track & field	800 meters	M	80 - 84	1995	Buckalew	Meriwether	DE	0:06:21.40		

Delaware Senior Olympics Records after 2009 Games

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
Meet	Track & field	800 meters	F	80 - 84	2000	Yencharis	Becky	DE	0:05:27.30		
Meet	Track & field	800 meters	M	80 - 84	1995	Buckalew	Meriwether	DE	0:06:21.40		
State	Track & Field	Discus	M	80 - 84	1998	Irwin	Charlie	DE		79	6.0
State	Track & Field	Discus	F	80 - 84							
Meet	Track & Field	Discus	F	80 - 84							
Meet	Track & Field	Discus	M	80 - 84	1998	Irwin	Charlie	DE		79	6.0
State	Track & Field	High Jump	F	80 - 84							
Meet	Track & Field	High Jump	F	80 - 84							
State	Track & Field	High Jump	M	80 - 84							
Meet	Track & Field	High Jump	M	80 - 84							
State	Track & Field	Javelin	M	80 - 84	2004	Wagner	Robert	DE		71	4.0
State	Track & Field	Javelin	F	80 - 84							
Meet	Track & Field	Javelin	F	80 - 84							
Meet	Track & Field	Javelin	M	80 - 84	2004	Wagner	Robert	DE		71	4.0
State	Track & Field	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		2	8.3
State	Track & Field	R. Long Jump	M	80 - 84	1999	Irwin	Charles	DE		9	4.5
Meet	Track & Field	R. Long Jump	F	80 - 84	2001	Yencharis	Becky	DE		2	8.3
Meet	Track & Field	R. Long Jump	M	80 - 84	2009	Rice	Tom	PA		11	6.5
State	Track & Field	Shot Put	M	80 - 84	2009	Bonner	John	DE		26	0.6
State	Track & Field	Shot Put	F	80 - 84							
Meet	Track & Field	Shot Put	F	80 - 84							
Meet	Track & Field	Shot Put	M	80 - 84	2009	Bonner	John	DE		26	0.6
State	Track & field	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40		
Meet	Track & field	100 meters	F	85 - 89							
Meet	Track & field	100 meters	M	85 - 89	2002	Bridson	Frank	DE	0:00:19.40		
State	Track & field	100 meters	F	85 - 89							
State	Track & field	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00		
State	Track & field	1500 meters	F	85 - 89							
Meet	Track & field	1500 meters	F	85 - 89							

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Rec-ord Feet	Inches
Meet	Track & field	1500 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:12:23.00		
State	Track & field	200 meters	F	85 - 89							
State	Track & field	200 meters	M	85 - 89							
Meet	Track & field	200 meters	F	85 - 89							
Meet	Track & field	200 meters	M	85 - 89							
State	Track & field	400 meters	F	85 - 89							
State	Track & field	400 meters	M	85 - 89							
Meet	Track & field	400 meters	F	85 - 89							
Meet	Track & field	400 meters	M	85 - 89							
State	Track & field	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10		
State	Track & field	800 meters	F	85 - 89							
Meet	Track & field	800 meters	F	85 - 89							
Meet	Track & field	800 meters	M	85 - 89	1996	Buckalew	Meriwether	DE	0:06:16.10		
State	Track & Field	Discus	F	85 - 89							
State	Track & Field	Discus	M	85 - 89							
Meet	Track & Field	Discus	F	85 - 89							
Meet	Track & Field	Discus	M	85 - 89							
State	Track & Field	High Jump	F	85 - 89							
State	Track & Field	High Jump	M	85 - 89							
Meet	Track & Field	High Jump	F	85 - 89							
Meet	Track & Field	High Jump	M	85 - 89							
State	Track & Field	Javelin	M	85 - 89	2002	Cox	Lee	DE		19	2.0
State	Track & Field	Javelin	F	85 - 89							
Meet	Track & Field	Javelin	F	85 - 89							
Meet	Track & Field	Javelin	M	85 - 89	2002	Cox	Lee	DE		19	2.0
State	Track & Field	R. Long Jump	F	85 - 89							
State	Track & Field	R. Long Jump	M	85 - 89							
Meet	Track & Field	R. Long Jump	F	85 - 89							
Meet	Track & Field	R. Long Jump	M	85 - 89							

Delaware Senior Olympics Records after 2009 Games

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & Field	Shot Put	M	85 - 89	2007	Perry	Russell	DE		26	9.5
State	Track & Field	Shot Put	F	85 - 89							
Meet	Track & Field	Shot Put	F	85 - 89							
Meet	Track & Field	Shot Put	M	85 - 89	2007	Perry	Russell	DE		26	9.5
State	Track & field	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20		
Meet	Track & field	100 meters	F	90 - 94							
Meet	Track & field	100 meters	M	90 - 94	2008	Truet	Lloyd	DE	0:00:24.20		
State	Track & field	100 meters	F	90 - 94							
State	Track & field	1500 meters	F	90 - 94							
State	Track & field	1500 meters	M	90 - 94							
Meet	Track & field	1500 meters	F	90 - 94							
Meet	Track & field	1500 meters	M	90 - 94							
State	Track & field	200 meters	F	90 - 94							
State	Track & field	200 meters	M	90 - 94							
Meet	Track & field	200 meters	F	90 - 94							
Meet	Track & field	200 meters	M	90 - 94							
State	Track & field	400 meters	F	90 - 94							
State	Track & field	400 meters	M	90 - 94							
Meet	Track & field	400 meters	F	90 - 94							
Meet	Track & field	400 meters	M	90 - 94							
State	Track & field	800 meters	F	90 - 94							
State	Track & field	800 meters	M	90 - 94							
Meet	Track & field	800 meters	F	90 - 94							
Meet	Track & field	800 meters	M	90 - 94							
State	Track & Field	Discus	F	90 - 94							
State	Track & Field	Discus	M	90 - 94							
Meet	Track & Field	Discus	F	90 - 94							
Meet	Track & Field	Discus	M	90 - 94							
State	Track & Field	High Jump	F	90 - 94							

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & Field	High Jump	M	90 - 94							
Meet	Track & Field	High Jump	F	90 - 94							
Meet	Track & Field	High Jump	M	90 - 94							
State	Track & Field	Javelin	F	90 - 94							
State	Track & Field	Javelin	M	90 - 94							
Meet	Track & Field	Javelin	F	90 - 94							
Meet	Track & Field	Javelin	M	90 - 94							
State	Track & Field	R. Long Jump	F	90 - 94							
State	Track & Field	R. Long Jump	M	90 - 94							
Meet	Track & Field	R. Long Jump	F	90 - 94							
Meet	Track & Field	R. Long Jump	M	90 - 94							
State	Track & Field	Shot Put	F	90 - 94							
State	Track & Field	Shot Put	M	90 - 94							
Meet	Track & Field	Shot Put	F	90 - 94							
Meet	Track & Field	Shot Put	M	90 - 94							
Meet	Track & field	100 meters	F	95 - 99							
Meet	Track & field	100 meters	M	95 - 99							
State	Track & field	100 meters	F	95 - 99							
State	Track & field	100 meters	M	95 - 99							
Meet	Track & field	1500 meters	F	95 - 99							
Meet	Track & field	1500 meters	M	95 - 99							
State	Track & field	1500 meters	F	95 - 99							
State	Track & field	1500 meters	M	95 - 99							
Meet	Track & field	200 meters	F	95 - 99							
Meet	Track & field	200 meters	M	95 - 99							
State	Track & field	200 meters	F	95 - 99							
State	Track & field	200 meters	M	95 - 99							
Meet	Track & field	400 meters	F	95 - 99							
Meet	Track & field	400 meters	M	95 - 99							

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & field	400 meters	F	95 - 99							
State	Track & field	400 meters	M	95 - 99							
Meet	Track & field	800 meters	F	95 - 99							
Meet	Track & field	800 meters	M	95 - 99							
State	Track & field	800 meters	F	95 - 99							
State	Track & field	800 meters	M	95 - 99							
Meet	Track & Field	Discus	F	95 - 99							
Meet	Track & Field	Discus	M	95 - 99							
State	Track & Field	Discus	F	95 - 99							
State	Track & Field	Discus	M	95 - 99							
Meet	Track & Field	High Jump	F	95 - 99							
Meet	Track & Field	High Jump	M	95 - 99							
State	Track & Field	High Jump	F	95 - 99							
State	Track & Field	High Jump	M	95 - 99							
Meet	Track & Field	Javelin	F	95 - 99							
Meet	Track & Field	Javelin	M	95 - 99							
State	Track & Field	Javelin	F	95 - 99							
State	Track & Field	Javelin	M	95 - 99							
Meet	Track & Field	R. Long Jump	F	95 - 99							
Meet	Track & Field	R. Long Jump	M	95 - 99							
State	Track & Field	R. Long Jump	F	95 - 99							
State	Track & Field	R. Long Jump	M	95 - 99							
Meet	Track & Field	Shot Put	F	95 - 99							
Meet	Track & Field	Shot Put	M	95 - 99							
State	Track & Field	Shot Put	F	95 - 99							
State	Track & Field	Shot Put	M	95 - 99							
State	Track & Field	S. Long Jump	M	50 - 54	2008	Coffield	Ty	DE		7	11.7
Meet	Track & Field	S. Long Jump	F	50 - 54							
Meet	Track & Field	S. Long Jump	M	50 - 54	2008	Coffield	Ty	DE		7	11.7

Delaware Senior Olympics Records after 2009 Games

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet	Inches
State	Track & Field	S. Long Jump	F	50 - 54							
State	Track & Field	S. Long Jump	M	55 - 59	2007	Nolly	Larry	DE		7	7.0
Meet	Track & Field	S. Long Jump	F	55 - 59							
Meet	Track & Field	S. Long Jump	M	55 - 59	2009	Mathis	Keith	MD		8	7.5
State	Track & Field	S. Long Jump	F	55 - 59							
State	Track & Field	S. Long Jump	M	60 - 64	2009	Duggans	Ronald	DE		8	5.5
Meet	Track & Field	S. Long Jump	F	60 - 64	2009	Warren	Barbara	WV		6	5.5
Meet	Track & Field	S. Long Jump	M	60 - 64	2009	Duggins	Ronald	DE		8	5.5
State	Track & Field	S. Long Jump	F	60 - 64							
State	Track & Field	S. Long Jump	M	65 - 69	2007	Alston	Amos	DE		5	4.8
Meet	Track & Field	S. Long Jump	F	65 - 69							
Meet	Track & Field	S. Long Jump	M	65 - 69	2009	Trotta	Jerome	MD		6	6.5
State	Track & Field	S. Long Jump	F	65 - 69							
State	Track & Field	S. Long Jump	M	70 - 74	2009	Alston	Amos	DE		7	1.0
Meet	Track & Field	S. Long Jump	F	70 - 74							
Meet	Track & Field	S. Long Jump	M	70 - 74	2009	Alston	Amos	DE		7	1.0
State	Track & Field	S. Long Jump	F	70 - 74							
State	Track & Field	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		4	9.25
State	Track & Field	S. Long Jump	M	75 - 79	2008	Kjelleren	Donald	DE		6	6.0
Meet	Track & Field	S. Long Jump	F	75 - 79	2007	Lisehora	Marion	DE		4	9.25
Meet	Track & Field	S. Long Jump	M	75 - 79	2009	Truitt	Donald	MD		7	1.0
State	Track & Field	S. Long Jump	M	80 - 84	2008	Dawkins	William	DE		4	9.5
Meet	Track & Field	S. Long Jump	F	80 - 84							
Meet	Track & Field	S. Long Jump	M	80 - 84	2008	Dawkins	William	DE		4	9.5
State	Track & Field	S. Long Jump	F	80 - 84							
Meet	Track & Field	S. Long Jump	F	85 - 89							
Meet	Track & Field	S. Long Jump	M	85 - 89							
State	Track & Field	S. Long Jump	F	85 - 89							
State	Track & Field	S. Long Jump	M	85 - 89							

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Record Type	Category	Event	Sex	Age Gp	Year	Lname	Fname	State	Record: Time	Record Feet .	Inches
Meet	Track & Field	S. Long Jump	F	90 - 94							
Meet	Track & Field	S. Long Jump	M	90 - 94							
State	Track & Field	S. Long Jump	F	90 - 94							
State	Track & Field	S. Long Jump	M	90 - 94							
Meet	Track & Field	S. Long Jump	F	95 - 99							
Meet	Track & Field	S. Long Jump	M	95 - 99							
State	Track & Field	S. Long Jump	F	95 - 99							
State	Track & Field	S. Long Jump	M	95 - 99							

