

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: admin@delawareseniorolympics.org

Record Type	Category	Event	Sex	Age Gp	Year	Wt Class	Lname	Fname	State	Record: Pins, Pts, Lbs, Reps, Strokes	Record: Time	Record Feet	Inches
State	Racewalk	1500 meter	M	100-104	2007		Macky	Walter	DE		0:25:39.00		
Meet	Racewalk	1500 meter	M	100-104	2007		Macky	Walter	DE		0:25:39.00		
State	Racewalk	1500 meter	F	50 - 54	2000		Auten	Nancy	DE		0:10:29.00		
State	Racewalk	1500 meter	M	50 - 54	2004		Lane	Brad	DE		0:07:29.71		
Meet	Racewalk	1500 meter	F	50 - 54	2007		Arbelbide	Cindy	VA		0:09:53.00		
Meet	Racewalk	1500 meter	M	50 - 54	2004		Lane	Brad	DE		0:07:29.71		
State	Racewalk	1500 meter	F	55 - 59	2003		Miller	Millie	DE		0:11:23.00		
State	Racewalk	1500 meter	M	55 - 59	2007		Lane	Brad	DE		0:07:47.00		
Meet	Racewalk	1500 meter	F	55 - 59	2003		Miller	Millie	DE		0:11:23.00		
Meet	Racewalk	1500 meter	M	55 - 59	2007		Lane	Brad	DE		0:07:47.00		
State	Racewalk	1500 meter	F	60 - 64	2008		Giesecke	Carol	DE		0:12:23.00		
State	Racewalk	1500 meter	M	60 - 64	2004		Bieker	Richard	DE		0:08:37.71		
Meet	Racewalk	1500 meter	F	60 - 64	2008		Giesecke	Carol	DE		0:12:23.00		
Meet	Racewalk	1500 meter	M	60 - 64	2004		Bieker	Richard	DE		0:08:37.71		
State	Racewalk	1500 meter	F	65 - 69	1995		Dottie	Foster	DE		0:10:27.00		
State	Racewalk	1500 meter	M	65 - 69	1993		Gawinski	Ed	DE		0:07:58.00		
Meet	Racewalk	1500 meter	F	65 - 69	1995		Dottie	Foster	DE		0:10:27.00		
Meet	Racewalk	1500 meter	M	65 - 69	1993		Gawinski	Ed	DE		0:07:58.00		
State	Racewalk	1500 meter	F	70 - 74	1998		Dottie	Foster	DE		0:10:39.00		
State	Racewalk	1500 meter	M	70 - 74	1997		Gawinski	Ed	DE		0:08:37.00		
Meet	Racewalk	1500 meter	F	70 - 74	1998		Dottie	Foster	DE		0:10:39.00		
Meet	Racewalk	1500 meter	M	70 - 74	1997		Gawinski	Ed	DE		0:08:37.00		
State	Racewalk	1500 meter	F	75 - 79	2002		Dottie	Foster	DE		0:11:13.81		
State	Racewalk	1500 meter	M	75 - 79	2002		Gawinski	Ed	DE		0:09:16.48		
Meet	Racewalk	1500 meter	F	75 - 79	2002		Dottie	Foster	DE		0:11:13.81		
Meet	Racewalk	1500 meter	M	75 - 79	2002		Gawinski	Ed	DE		0:09:16.48		
State	Racewalk	1500 meter	M	80 - 84	2005		Hellstrom	Sigfrid	DE		0:10:19.02		
Meet	Racewalk	1500 meter	F	80 - 84									
Meet	Racewalk	1500 meter	M	80 - 84	2005		Hellstrom	Sigfrid	DE		0:10:19.02		

