

Delaware Senior Olympics Records after 2009 Games

File is complete for performance records in the following sports

Archery, Bowling, Cycling, Golf, Race Walk, Recreational Walk, Road Race Swimming, Track & Field, Triathlon, Weight Lifting

IF ERRORS ARE FOUND, PLEASE REPORT THEM WITH AS MUCH DETAIL AS POSSIBLE TO: admin@delawareseniorolympics.org

Record Type	Category	Event	Sex	Age Gp	Year	Wt Class	Lname	Fname	State	Record: Pins, Pts, Lbs, Reps, Strokes	Record: Time	Record Feet	Inches
State	Cycling	1 Mile TT	F	50 - 54	2005		Waddell	Nancy	DE		0:02:25.00		
State	Cycling	1 Mile TT	M	50 - 54	2005		Nesler	David	DE		0:02:05.00		
Meet	Cycling	1 Mile TT	F	50 - 54	2005		Waddell	Nancy	DE		0:02:25.00		
Meet	Cycling	1 Mile TT	M	50 - 54	2005		Nesler	David	DE		0:02:05.00		
State	Cycling	10K TT	F	50 - 54	2005		Waddell	Nancy	DE		0:15:54.00		
State	Cycling	10K TT	M	50 - 54	2005		Nesler	David	DE		0:14:15.00		
Meet	Cycling	10K TT	F	50 - 54	2005		Waddell	Nancy	DE		0:15:54.00		
Meet	Cycling	10K TT	M	50 - 54	2005		Nesler	David	DE		0:14:15.00		
State	Cycling	20K Road Race	F	50 - 54	2003		Waddell	Nancy	DE		0:33:44.00		
State	Cycling	20K Road Race	M	50 - 54	2000		Chelucci	John	DE		0:30:29.00		
Meet	Cycling	20K Road Race	F	50 - 54	2003		Waddell	Nancy	DE		0:33:44.00		
Meet	Cycling	20K Road Race	M	50 - 54	2000		Chelucci	John	DE		0:30:29.00		
State	Cycling	40K Road Race	F	50 - 54	2008		Pyle	Jennifer	DE		1:16:00.00		
State	Cycling	40K Road Race	M	50 - 54	2000		Chelucci	John	DE		1:00:28.00		
Meet	Cycling	40K Road Race	F	50 - 54	2008		Pyle	Jennifer	DE		1:01:16.00		
Meet	Cycling	40K Road Race	M	50 - 54	2000		Chelucci	John	DE		1:00:28.00		
State	Cycling	5K TT	F	50 - 54	2003		Waddell	Nancy	DE		0:07:56.00		
State	Cycling	5K TT	M	50 - 54	2005		Nesler	David	DE		0:06:57.00		
Meet	Cycling	5K TT	F	50 - 54	2003		Waddell	Nancy	DE		0:07:56.00		
Meet	Cycling	5K TT	M	50 - 54	2005		Nesler	David	DE		0:06:57.00		
State	Cycling	1 Mile TT	F	55 - 59	2006		Johnson	Jo	DE		0:02:34.00		
State	Cycling	1 Mile TT	M	55 - 59	1995		Helfrick	Tom	DE		0:02:13.00		
Meet	Cycling	1 Mile TT	F	55 - 59	2006		Johnson	Jo	DE		0:02:34.00		
Meet	Cycling	1 Mile TT	M	55 - 59	1995		Helfrick	Tom	DE		0:02:13.00		
State	Cycling	10K TT	F	55 - 59	2004		Johnson	Jo	DE		0:17:06.00		
State	Cycling	10K TT	M	55 - 59	2008		Spieker	John	DE		0:13:41.00		
Meet	Cycling	10K TT	F	55 - 59	2004		Johnson	Jo	DE		0:17:06.00		
Meet	Cycling	10K TT	M	55 - 59	2008		Spieker	John	DE		0:13:41.00		
State	Cycling	20K Road Race	F	55 - 59	2004		Johnson	Jo	DE		0:35:54.00		

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State	Cycling	20K Road Race	M	55 - 59	2008		Spieker	John	DE		0:30:14.00		
Meet	Cycling	20K Road Race	M	55 - 59	2008		Spieker	John	DE		0:30:14.00		
Meet	Cycling	20K Road Race	F	55 - 59	2004		Johnson	Jo	DE		0:35:54.00		
State	Cycling	40K Road Race	F	55 - 59	2004		Johnson	Jo	DE		1:12:48.00		
State	Cycling	40K Road Race	M	55 - 59	2000		Chelucci	Jack	DE		1:00:00.28		
Meet	Cycling	40K Road Race	M	55 - 59	2000		Chelucci	Jack	DE		1:00:00.28		
Meet	Cycling	40K Road Race	F	55 - 59	2004		Johnson	Jo	DE		1:12:48.00		
State	Cycling	5K TT	F	55 - 59	2006		Johnson	Jo	DE		0:08:15.00		
State	Cycling	5K TT	M	55 - 59	2008		Spieker	John	DE		0:06:44.00		
Meet	Cycling	5K TT	F	55 - 59	2006		Johnson	Jo	DE		0:08:15.00		
Meet	Cycling	5K TT	M	55 - 59	2008		Spieker	John	DE		0:06:44.90		
State	Cycling	1 Mile TT	F	60 - 64	2008		Johnson	Jo	DE		0:02:39.00		
State	Cycling	1 Mile TT	M	60 - 64	1993		Kjelleren	Don	DE		0:02:09.00		
Meet	Cycling	1 Mile TT	F	60 - 64	2008		Johnson	Jo	DE		0:02:39.00		
Meet	Cycling	1 Mile TT	M	60 - 64	1993		Kjelleren	Don	DE		0:02:09.00		
State	Cycling	10K TT	F	60 - 64	2008		Johnson	Jo	DE		0:15:59.00		
State	Cycling	10K TT	M	60 - 64	2006		Cloud	Peter	DE		0:15:14.00		
Meet	Cycling	10K TT	F	60 - 64	2008		Johnson	Jo	DE		0:15:59.00		
Meet	Cycling	10K TT	M	60 - 64	2006		Cloud	Peter	DE		0:15:14.00		
State	Cycling	20K Road Race	F	60 - 64	2007		Johnson	Jo	DE		0:36:49.00		
State	Cycling	20K Road Race	M	60 - 64	2004		Shaeffer	Jack	DE		0:32:23.00		
Meet	Cycling	20K Road Race	F	60 - 64	2007		Johnson	Jo	DE		0:36:49.00		
Meet	Cycling	20K Road Race	M	60 - 64	2004		Shaeffer	Jack	DE		0:32:23.00		
State	Cycling	40K Road Race	F	60 - 64	2000		Cavanaugh	Suzanne	DE		1:14:17.00		
State	Cycling	40K Road Race	M	60 - 64	2004		Eichler	Tom	DE		1:06:56.00		
Meet	Cycling	40K Road Race	F	60 - 64	2000		Cavanaugh	Suzanne	DE		1:14:17.00		
Meet	Cycling	40K Road Race	M	60 - 64	2004		Eichler	Tom	DE		1:06:56.00		
State	Cycling	5K TT	F	60 - 64	2008		Johnson	Jo	DE		0:08:07.00		
State	Cycling	5K TT	M	60 - 64	2006		Cloud	Peter	DE		0:07:39.00		

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Record Type	Category	Event	Sex	Age Gp	Year	Wt Class	Lname	Fname	State	Record: Pins, Pts, Lbs, Reps, Strokes	Record: Time	Record Feet	Inches
Meet	Cycling	5K TT	F	60 - 64	2008		Johnson	Jo	DE		0:08:07.00		
Meet	Cycling	5K TT	M	60 - 64	2006		Cloud	Peter	DE		0:07:39.00		
State	Cycling	1 Mile TT	F	65 - 69	2008		Cloud	Marcie	DE		0:02:53.00		
State	Cycling	1 Mile TT	M	65 - 69	1998		Kjelleren	Don	DE		0:02:18.00		
Meet	Cycling	1 Mile TT	F	65 - 69	2008		Cloud	Marcie	DE		0:02:53.00		
Meet	Cycling	1 Mile TT	M	65 - 69	1998		Kjelleren	Don	DE		0:02:18.00		
State	Cycling	10K TT	F	65 - 69	2008		Cavanaugh	Suzanne	DE		0:18:01.00		
State	Cycling	10K TT	M	65 - 69	2007		Borden	Peter	DE		0:15:21.00		
Meet	Cycling	10K TT	F	65 - 69	2002		Cavanaugh	Suzanne	DE		0:18:01.00		
Meet	Cycling	10K TT	M	65 - 69	2007		Borden	Peter	DE		0:15:21.00		
State	Cycling	20K Road Race	F	65 - 69	2004		Cavanaugh	Suzanne	DE		0:35:55.00		
State	Cycling	20K Road Race	M	65 - 69	2004		Carroll	Bob	DE		0:32:28.00		
Meet	Cycling	20K Road Race	F	65 - 69	2004		Cavanaugh	Suzanne	DE		0:35:55.00		
Meet	Cycling	20K Road Race	M	65 - 69	2004		Carroll	Bob	DE		0:32:28.00		
State	Cycling	40K Road Race	F	65 - 69	2004		Cavanaugh	Suzanne	DE		1:12:51.00		
State	Cycling	40K Road Race	M	65 - 69	2004		Carroll	Bob	DE		1:04:41.00		
Meet	Cycling	40K Road Race	F	65 - 69	2004		Cavanaugh	Suzanne	DE		1:12:51.00		
Meet	Cycling	40K Road Race	M	65 - 69	2004		Carroll	Bob	DE		1:04:41.00		
State	Cycling	5K TT	F	65 - 69	2008		Cloud	Marcia	DE		0:09:09.00		
State	Cycling	5K TT	M	65 - 69	2007		Borden	Pete	DE		0:07:36.00		
Meet	Cycling	5K TT	F	65 - 69	2008		Cloud	Marcia	DE		0:09:09.00		
Meet	Cycling	5K TT	M	65 - 69	2007		Borden	Pete	DE		0:07:36.00		
State	Cycling	1 Mile TT	F	70 - 74	2007		Cavanaugh	Suzanne	DE		0:03:00.00		
State	Cycling	1 Mile TT	M	70 - 74	2003		Kjelleren	Don	DE		0:02:22.00		
Meet	Cycling	1 Mile TT	F	70 - 74	2007		Cavanaugh	Suzanne	DE		0:03:00.00		
Meet	Cycling	1 Mile TT	M	70 - 74	2003		Kjelleren	Don	DE		0:02:22.00		
State	Cycling	10K TT	F	70 - 74	2007		Cavanaugh	Suzanne	DE		0:18:50.00		
State	Cycling	10K TT	M	70 - 74	2003		Kjelleren	Don	DE		0:16:16.00		
Meet	Cycling	10K TT	F	70 - 74	2007		Cavanaugh	Suzanne	DE		0:18:50.00		

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State	Cycling	5K TT	M	75 - 79	2008		Kjelleren	D	DE		0:08:10.00		
Meet	Cycling	5K TT	F	75 - 79									
Meet	Cycling	5K TT	M	75 - 79	2008		Kjelleren	Don	DE		0:08:10.00		
State	Cycling	5K TT	F	75 - 79									
State	Cycling	1 Mile TT	M	80 - 84	2005		Russell	Harry	DE		0:02:50.00		
Meet	Cycling	1 Mile TT	F	80 - 84									
Meet	Cycling	1 Mile TT	M	80 - 84	2005		Russell	Harry	DE		0:02:50.00		
State	Cycling	1 Mile TT	F	80 - 84									
State	Cycling	10K TT	M	80 - 84	2005		Russell	Harry	DE		0:19:55.00		
Meet	Cycling	10K TT	F	80 - 84									
Meet	Cycling	10K TT	M	80 - 84	2005		Russell	Harry	DE		0:19:55.00		
State	Cycling	10K TT	F	80 - 84									
State	Cycling	20K Road Race	M	80 - 84	2004		Schroeder	Kenneth	DE		0:40:36.00		
Meet	Cycling	20K Road Race	F	80 - 84	2007		Tuovila	Miriam	VA		0:48:02.00		
Meet	Cycling	20K Road Race	M	80 - 84	2004		Schroeder	Kenneth	DE		0:40:36.00		
State	Cycling	20K Road Race	F	80 - 84									
State	Cycling	40K Road Race	M	80 - 84	2005		Russell	Harry	DE		1:25:17.00		
Meet	Cycling	40K Road Race	F	80 - 84									
Meet	Cycling	40K Road Race	M	80 - 84	2005		Russell	Harry	DE		1:25:17.00		
State	Cycling	40K Road Race	F	80 - 84									
State	Cycling	5K TT	M	80 - 84	2003		Russell	Harry	DE		0:09:27.00		
Meet	Cycling	5K TT	F	80 - 84									
Meet	Cycling	5K TT	M	80 - 84	2003		Russell	Harry	DE		0:09:27.00		
State	Cycling	5K TT	F	80 - 84									
State	Cycling	1 Mile TT	M	85 - 89	2006		Schroeder	Kenneth	DE		0:03:07.00		
Meet	Cycling	1 Mile TT	F	85 - 89									
Meet	Cycling	1 Mile TT	M	85 - 89	2006		Schroeder	Kenneth	DE		0:03:07.00		
State	Cycling	1 Mile TT	F	85 - 89									
State	Cycling	10K TT	M	85 - 89	2006		Schroeder	Kenneth	DE		0:20:15.00		

