

Sussex Family YMCA Tsunami Splash

Saturday, November 14, 2009



Warm-ups at 11:30 am
Meet starts at 12:30 pm

Location:

Sussex Family YMCA
105 Church Street
Rehoboth Beach, DE 19971

The pool is a 6 lane, 25 yard indoor pool with starting blocks, no-turbulent lane lines, locker rooms, and ample parking. There are 2 sets of low bleachers and chairs provided for spectators on the pool deck. The pool is warm so dress appropriately. A snack bar will be available.

Eligibility:

All swimmers of any age are able to compete.

Entries:

\$10.00 meet surcharge plus \$5.00 per individual event. Swimmers may enter a maximum of five individual events. Please make checks payable to Sussex Family YMCA. Send to:

Brett Dier

Aquatic Director

Sussex Family YMCA

20080 Church Street

Rehoboth Beach, DE 19971

Entry Deadline: Entries must be received no later than Sunday, November 8, 2009.

Questions: Please call **Brett Dier** at (302) 296-9622 or e-mail at bdier@ymcade.org

ORDER OF EVENTS

Event #		Event Name
1	OPEN	400 I.M.
2	OPEN	25 Butterfly
3	OPEN	50 Breaststroke
4	OPEN	100 Backstroke
5	OPEN	200 Freestyle
6	OPEN	100 Breaststroke
7	OPEN	50 Butterfly
8	OPEN	100 I.M.
9	OPEN	200 Backstroke
10	OPEN	25 Freestyle
11	OPEN	50 Backstroke
12	OPEN	100 Butterfly
13	OPEN	200 Breaststroke
14	OPEN	25 Backstroke
15	OPEN	50 Freestyle
16	OPEN	200 I.M.
17	OPEN	200 Butterfly
18	OPEN	100 Freestyle
19	OPEN	25 Breaststroke
20	OPEN	500 Freestyle

Sussex Family YMCA Tsunami Splash

From North: Take Route 1 South going past the Rehoboth Beach exit for Rehoboth Avenue. Take the next left hand turn onto Church Street at the Delaware National Bank (Big Fish Grill will be on the right, southbound side). The YMCA is on your left just past the bank.

From South: Take Route 1 North through Dewey Beach. After going over the Canal Bridge, take the second right onto Church Street. The YMCA will be on your left.

From West: Take either Route 24 or Route 9 East until you get to Route 1. Go South on Route 1 then follow directions above from the North.