

Delaware Senior Olympics 2011 Membership Application and Games Entry Form

20th ANNIVERSARY

For the period of February 1, 2011—January 31, 2012

Membership in the Delaware Senior Olympics is REQUIRED for Entry into the 2011 Games.

If you have previously submitted and paid your membership application, just enter your name and DSO ID , additional info below (if needed), and complete the Games Entry Form — Pages 2 & 3.

OTHERWISE,

Please complete this section as well as the Games Entry Form and include the \$20.00 membership fee with your entry fees.

Name: Last: _____ First: _____ MI: ___ Suffix: _____

DSO ID#: _____ Gender: ___ Date of Birth: _____ Email: _____

Street Address: _____

City, State, Zip: _____

Phones: Home: _____ Work: _____ Cell: _____

Check here if above information same as in 2010. If checked, Name and DSO ID# are mandatory

ADDITIONAL FOR BOWLERS: AVERAGE: _____ USBC # _____

ADDITIONAL FOR RACQUETBALL PLAYERS: Driver's License # _____

ADDITIONAL FOR CYCLISTS: SKILL DIVISION: (description on page 4) (check one)

___ 1 EXPERT ___ 2 EXPERIENCED /FAST REC. ___ 3 RECREATIONAL/NEW TO RACING

WAIVER and RELEASE of LIABILITY

By becoming a member of Delaware Senior Olympics (hereafter "DSO") and participating in any DSO activities, I agree to abide by all rules and regulations established by DSO and I recognize that by participating in these activities, there is risk of injury.

By registering or participating, the registrant/participant understands that individual health, accident, and/or liability insurance is not provided for Delaware Senior Olympics events and agrees to adhere to program rules.

I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in Delaware Senior Olympics programs/competitions. Photos taken during programs and competition may be used for educational or marketing purposes by Delaware Senior Olympics.

By signing below, I understand and agree to the "waiver and release of liability" .

Signature: _____ Date: _____

For Basketball, Softball, and Volleyball, please use the Team Entry Form.

DELAWARE IS AN OPEN STATE FOR THE DELAWARE SENIOR OLYMPICS GAMES

Please see the Sports Registration Packet for more details on the Sports and Events.

INDIVIDUAL SPORTS

To enter an event, please place an X to the left of the event.

ALL FEES ARE PER PERSON PER EVENT**ENTRY DEADLINES ARE DATES THAT ENTRIES MUST BE IN DSO OFFICE****Archery \$17.00 per event****10/9 event with 9/30 entry deadline**

- 1201 Comp. Fingers
 1202 Comp Release
 1203 Recurve

Baseball \$3.00**9/17 event with walk-ins allowed**

- 1401 Baseball (Players will be
Assigned to Teams)

Basketball Shooting \$5.00**10/29 event with 10/14 entry deadline**

- 1601 Shooting

Billiards \$3.00**9/17 event with 9/9 entry deadline**

- 1701 Billiards

Cycling \$10.00 per event**9/17 event with 9/14 entry deadline**

- 2001 Road Race 20K
 2002 Road Race 40K

10/12 event with 10/3 entry deadline

- 2003 Time Trials 1M
 2004 Time Trials 10K
 2005 Time Trials 5K

Golf \$34. (includes green & cart fees)**9/13 event with walk-ins allowed**

- 2101 18 Hole Scratch

Horseshoes \$5.00**10/2 event with 9/23 entry deadline**

- 2201 Horseshoes

Line Dance—\$3.00 per event TBD

- 2310 Country Western Tech Indiv
 2311 Country Western Tech Duet
 2312 Country Western Tech Small
 2313 Country Western Tech Med
 2314 Country Western Tech Lg
 2320 Country Western Show Indiv
 2321 Country Western Show Duet
 2322 Country Western Show Small
 2323 Country Western Show Med
 2324 Country Western Show Lg
 2330 Traditional Tech Indiv
 2331 Traditional Tech Duet
 2332 Traditional Tech Small
 2333 Traditional Tech Med
 2334 Traditional Tech Lg
 2340 Traditional Show Indiv
 2341 Traditional Show Duet
 2342 Traditional Show Small
 2343 Traditional Show Med
 2344 Traditional Show Lg

Power Walk \$3.00 per event**(Prev: Recreational Walk)****10/15 event with 10/3 entry deadline**

- 2601 1 Mile
 2602 5K

Race Walk \$3.00**9/25 event with 9/12 entry deadline**

- 2401 1500 Meter

Road Race \$3.00 per event**5K on 9/17; 10K on 9/24 with 9/7 entry deadline**

- 2701 5K
 2702 10K

Shuffleboard \$3.00**9/14 event with 8/31 entry deadline**

- 2801 Shuffleboard

Swimming \$4.00 per event**9/23 event with 9/16 entry deadline**

- 1112 200 Free
 1108 100 Fly
 1101 50 Back
 1115 200 IM
 1105 100 Breast
 1114 100 IM
 1106 200 Breast
 1111 100 Free
 1103 200 Back
 1107 50 Fly
 1110 50 Free
 1109 50 Free NOVICE
 1102 100 Back
 1104 50 Breast
 1113 500 Free

Track & Field \$3.00 per event**9/25 event with 9/16 entry deadline**

- 3301 100 M Dash
 3305 1500 M Run
 3303 400 M Dash
 3304 800 M Dash
 3302 200 M Dash
 3306 Discus
 3307 High Jump
 3308 Javelin
 3309 Long Jump (Standing)
 3310 Shot Put
 3311 Running Long Jump
 3312 Pole Vault **NEW** (see rules)

Triathlon \$3.00**6/25 event with 6/20 entry deadline****Suggested arrival time 7:30am.**

- 4001 Triathlon

Weight Lifting \$3.00 per event**9/24 event with 9/16 entry deadline**

- 3501 Bench for Reps
 3502 Bench Press
 3503 Dead Lift

Wii Bowling \$5.00**10/1 event with 9/17 entry deadline**

- 3800—Wii Bowling

Wii Golf \$3.00 10/19 event with**10/5 entry deadline**

- 3810—Wii Golf **NEW**

SOCCER \$3.00

**IF INTERESTED, CONTACT
VINCE MARIANELLO AT
302-657-5188**

If you wish to purchase a DSO
20th Anniversary shirt, please
complete the section on Page 3.

Color: Navy Blue
 Sizes: S, M, L, XL, 2XL, 3XL
 T-shirts are \$10 each
 Collared (Polo) shirts are \$15
 each

Orders must be received in DSO
Office no later than August 12,
2011 to be received at games.

Orders received by Oct. 15, 2011
will be ready for pick up at the
Annual Luncheon or at DSO
Office after 11/7/11.
DSO OFFICE WILL NOT SHIP

**Looking For A Team To Join?
Check here and we will try to
match you up with a Team:**

- 8888 Basketball
 8889 Softball
 8890 Volleyball

EVENTS WITH DOUBLES COMPETITION

Badminton \$3.00 per person per event 10/26 event with 10/19 entry deadline

___ 1301 Singles
 ___ 1302 Doubles Men Partner Name _____ ID _____
 ___ 1303 Doubles Women Partner Name _____ ID _____
 ___ 1304 Doubles Mixed Partner Name _____ ID _____

Bocce \$3.00 per person per event , 10/1 event with 9/23 entry deadline

___ 1801 Singles
 ___ 1802 Doubles Men Partner Name _____ ID _____
 ___ 1803 Doubles Women Partner Name _____ ID _____
 ___ 1804 Doubles Mixed Partner Name _____ ID _____

Bowling Milford Bowling Center \$3.00 per person per event Plus \$5.75 due at lanes 10/4—10/6 events with 9/20 Entry deadline

___ 1911 Singles
 ___ 1912 Doubles Men Partner Name _____ ID _____
 ___ 1913 Doubles Women Partner Name _____ ID _____
 ___ 1914 Doubles Mixed Partner Name _____ ID _____

Bowling Blue Hen Lanes, Newark \$3.00 per person per event Plus \$5.25 due at lanes 9/27—9/29 events with 9/20 Entry deadline

___ 1931 Singles
 ___ 1932 Doubles Men Partner Name _____ ID _____
 ___ 1933 Doubles Women Partner Name _____ ID _____
 ___ 1934 Doubles Mixed Partner Name _____ ID _____

Pickleball \$3.00 per person per event, 8/27 event with 8/12 entry deadline

___ 3700 Singles
 ___ 3701 Doubles Men Partner Name _____ ID _____
 ___ 3702 Doubles Women Partner Name _____ ID _____
 ___ 3703 Doubles Mixed Partner Name _____ ID _____

Racquetball \$3.00 per person per event 9/24 event with 9/16 entry deadline

___ 2501 Singles
 ___ 2502 Doubles Men Partner Name _____ ID _____
 ___ 2503 Doubles Women Partner Name _____ ID _____
 ___ 2504 Doubles Mixed Partner Name _____ ID _____

Table Tennis \$5.00 per person per event 10/5 event with 9/28 entry deadline

___ 3101 Singles
 ___ 3102 Doubles Men Partner Name _____ ID _____
 ___ 3103 Doubles Women Partner Name _____ ID _____
 ___ 3104 Doubles Mixed Partner Name _____ ID _____

Tennis \$7.00 per person per event 10/1 & 10/2 event with 9/23 entry deadline

___ 3215 Singles
 ___ 3216 Doubles Men Partner Name _____ ID _____
 ___ 3217 Doubles Women Partner Name _____ ID _____
 ___ 3218 Doubles Mixed Partner Name _____ ID _____

Washers \$5.00 per person 9/17 event with 9/9 entry deadline

___ 5001 Doubles Partner Name _____ ID _____

Total Event Fees	_____	
Adult attending Luncheon ___ at \$20.00 each:	_____	8003
Child (12 & under) attending Luncheon ___ at \$10 each	_____	8003
Voluntary Donation (Tax Deductable)	_____	8004
T-shirt size _____ count _____ at \$10 each	_____	
Collared (Polo) shirt size _____ count _____ at \$15 each	_____	
Collared (Polo) shirt size _____ count _____ at \$15 each	_____	
TOTAL DUE:	_____	

Please make check payable to and mail with pages 1, 2 and 3 to:

**DELAWARE SENIOR OLYMPICS
1121 FORREST AVENUE
DOVER, DE 19904**

Entry must be received in DSO Office no later than August 12, 2011 to place order for collared (Polo) or T-shirt to be received at games.

2011 Annual Games Rules (PLEASE READ COMPLETELY)

PLEASE SEE THE REGISTRATION PACKET FOR MORE DETAILS

AGE CATEGORIES 40+ AND 45+ ARE ELIGIBLE TO COMPETE (IN CERTAIN SPORTS AS SPECIFIED BELOW) AND MEDAL AT STATE LEVEL, BUT ARE NOT ELIGIBLE TO QUALIFY TO COMPETE AT NATIONAL LEVEL

Age/ Age Categories: Age for these Games will be the athlete's age as of December 31, 2011. 50 is the minimum age for entries, except for Soccer(40+) and Cycling (40+). Individual competitions will be grouped by gender and by age categories in 5-year increments. Example: 50—54, 55—59, etc. Teams and doubles will be grouped by the age category of their youngest member. Example: 50+, 55+, 60+, etc.

Awards: Out-of-state participants will receive medals based on their finish in overall competition. Delawareans will receive medals based on their finish among Delawareans. **INDIVIDUALS & DOUBLES:** First, Second, Third, and Fourth place medal winners (Tennis—First, Second, and Third place).

Eligibility: Membership in the Delaware Senior Olympics is **REQUIRED** to participate in the Annual Games. The Games are open to non-Delaware residents. Doubles will represent Delaware if either member is from Delaware.

Equipment: Entrants are required to furnish all customary and usual personal sports equipment for their individual sport. Questions should be directed to the Sports Coordinator.

Proof of Age/Residence: Not required with entry, but, if challenged, athlete should be prepared to provide verification at venue.

Rules and Results: Published on our website: www.delawaresejiorolympics.org.

Sport Entry Deadline: Each sport has an individual cut-off date for entries. The Entry Deadline is the last date the entry may be received in the DSO Office. Some sports allow late entries, if approved by the Coordinator. Details in the Sports Registration Packet.

ADDITIONAL FOR SPECIFIC SPORTS:

BILLIARDS:

1. Call your pocket on each shot.

BOWLING:

1. **Ensure Bowling Average entered on front page.** Two levels of competition based on averages: **160 and above**, and **below 160**.
2. If average is not entered, bowler will be placed in the 160 and above level.
3. Doubles will be placed in the level of the player with the higher average.
4. Pool is available. Mark entry form if you need a partner.
5. Top 6 bowlers in each division/sex/age category at each Preliminary location will go to finals.

CYCLING

1. Skill Divisions: **1 Expert/Extreme**, holding USA Cycling and/or USAT annual license and race in 2+ events other than DSO events, **2 Experienced/Fast Recreational**, **3 Recreational/new to racing**.
2. In 2011, Cycling will accept participants 40 years of age and above.
3. If you enter the 40K, you **MUST** enter the 20K as this is the first half of the 40K race.
4. Aerobars are not allowed in the road races.
5. Bring confirmation letter to event
6. Race Manual and course map can be found on website under SPORTS—CYCLING
7. Parking, Bathrooms, Registration and Packet Pick-up—7am—at Smyrna Municipal Park, N. Main St., Smyrna, DE
8. Additional packet pick-up on 9/16 between 6pm—8pm at Best Western Smyrna Inn

POWER WALK AND RACE WALK:

1. Shorts are preferred.
2. Check-in minimum of 30 minutes before race.

SWIMMING

1. *50 Free NOVICE is open to first time swimmers only.
2. Order of events is as shown on entry form.
3. An athlete may enter a maximum of 6 events

TENNIS:

1. Doubles play down to age of younger player.
2. Doubles must enter with a partner — NO POOL.
3. If indoor venue is used (due to rain), an add'l \$10 fee will be charged per individual (payable at venue).
4. All match times & locations will be communicated to participants by evening of 9/28/11.

TRACK & FIELD

1. The Pole Vault is for **experienced pole vaulters only**. Athlete must provide his/her own pole.
2. Order of events: 9am (Athlete check in), 10am (Javelin, Standing Long Jump), 10:45am(Discus, Running Long Jump), 11:30am (Running events), Noon (High Jump, Shot Put), Pole Vault (at conclusion of High Jump)
3. Event start times may vary based on need of prior event.

TRIATHLON:

1. Athlete must register with both DSO and Bricks Multisport www.bricksmultisport.com.
2. \$85 additional fee to be paid to Bricks Multisport
3. Athletes can register & pick up packets on 6/24 between 4—8pm at Lake Como Gazebo

WASHERS:

1. Teams can be both men or both women or co-ed.
2. In case of rain, event will be moved to pavilion

WEIGHT LIFTING:

1. Competition based on combined gender, age, category and weight class.

Wii BOWLING

1. If participant is unable to stand, he/she will be allowed to sit.
2. 8am Check-in. Breakfast available for \$3.00

**FAXED OR E-MAILED ENTRIES WILL NOT BE PROCESSED UNTIL PAYMENT IS RECEIVED.
NO CHANGES TO EVENT SELECTION AFTER SPORT ENTRY DEADLINE.**

DELAWARE SENIOR OLYMPICS STRONGLY RECOMMENDS THAT PARTICIPANTS CONSULT THEIR PHYSICIAN IN REGARD TO TRAINING AND COMPETITION IN THE DELAWARE SENIOR OLYMPIC GAMES

IT IS RECOMMENDED THAT ATHLETES ARRIVE 30 MINUTES PRIOR TO HIS/HER EVENT TO ALLOW FOR TIME TO WARM-UP.

MEDALS ARE FOR DSO MEMBERS WHO PARTICIPATED AS PLAYERS IN THE EVENT.

MEDALS AND PACKETS WILL BE GIVEN AT THE EVENT. IF NOT PICKED UP AT EVENT, PARTICIPANT MUST COME TO DSO OFFICE FOR PICK-UP.

Team Captains — use the 2011 Team Entry Form to enter teams.

Cancellations and Refunds: Cancellations will be accepted for refund up to the Sport's Entry Deadline. Refunds will be subject to a 25% handling charge. MEMBERSHIP FEE IS NOT REFUNDABLE.

DSO RAIN POLICY: Only the Sports Coordinator, in cooperation with the Over-All Coordinator, can postpone or cancel an event. Announcements are recorded on the DSO Office Phone (302-736-5698) and are posted on the website: www.delawareseniorolympics.org. If no announcement is made, it is the responsibility of the athlete to show up at the event. If the event is conducted, the results are final.

DSO 2011 ANNUAL GAMES SPORTS AND EVENTS CALENDAR—BY EVENT

- Archery**—October 9 (Rain Date 10/16) - 10am Mid-Delarchers Club, 743 Fox Hunters Rd., Harrington, DE 19952
- Badminton**—October 26 — 10am Mid-County Sr. Center, 1 Regiment Road, Wilmington, DE 19808
- Baseball**—September 17 (Rain Date 9/18) 2pm Banning Park, 790 S. Maryland Ave., Wilmington, DE 19804
(off Newport Pike)
- Basketball (Men & Women)**— October 29 9:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707
- Basketball Shooting**— October 29 8:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707
- Billiards**—September 17 11am Sandbar 713 N. Broad Street, Middletown, DE 19709
- Bocce**— October 1 10am (Rain date 10/8/11) Cokesbury Village, 726 Loveville Road, Hockessin, DE 19707
- Bowling Prelim.** —September 27 Singles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim.** -- September 28 Doubles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim**— September 29 D. Mixed 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim**—October 4 Singles 9:30am Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- Bowling Prelim**—October 5 Doubles 9:30am Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- Bowling Prelim** -- October 6 D. Mixed 9:30am Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- Bowling Finals**—October 18 Singles 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Bowling Finals**—October 19 Doubles 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Bowling Finals**— October 20 D. Mixed 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Cycling 20K & 40K Road Races**—September 17 —9am Smyrna Municipal Park, North Main Street, Smyrna, DE 19977
- Cycling Time Trials**—October 12 9am (Rain date: 10/13) Dover Motor Sport (Dover Downs), 1131 N. DuPont Hwy, Dover, DE 19901 (in back near Miles The Monster statue)
- Golf**—September 13 9am RAIN OR SHINE Jonathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962
- Horseshoes**—October 2 (Rain Date 10/9/11) 11am New Castle Moose #1578, US Rt. 13, 621 S. Dupont Hwy., New Castle, DE 19720
- Line Dancing**— TBD
- Pickleball** August 27 8am - Wellness & Rec. Ctr., Delaware State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- Power Walks (1 Mile & 5K) (Previously Recreational Walk)** - October 15, 9am DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- Race Walk**—September 25 9:30am RAIN OR SHINE DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- Racquetball**—September 24 9:30am DAFB Fitness Center, Dover AFB, Dover, DE
- Road Race 5K**— September 17 9:30am RAIN OR SHINE Bellevue State Park, 800 Carr Road, Wilmington, DE 19809
- Road Race 10K**—September 24 9:30am RAIN OR SHINE Bellevue State Park, 800 Carr Road, Wilmington, DE 19809
- Shuffleboard**—September 14 9am (Rain date 9/16)- Methodist Manor House, 1001 Middleford Road, Seaford, DE 19973
- Soccer**—TBD
- Softball (Men)** -September 10 (Rain date 9/11 or 9/17) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE
- Softball (Women)** - Sept. 24 (Rain date 9/25 or 10/1) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE
- Swimming**—September 23 9am—Central DE YMCA, 1137 S. State St., Dover, DE 19901
- Table Tennis**—October 5 6:30 pm Pearson Hall, Univ., of DE, 125 Academy St., Newark. DE 19711
- Tennis**—October 1 & 2 Del Castle Tennis Ctr., 710 McKennan's Church Road, Wilmington, DE
- Track & Field**—September 25 10am RAIN OR SHINE DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- Triathlon**—June 25 7:30 am RAIN OR SHINE Lake Como, Smyrna, DE 19977
- Volleyball (Co-Ed)** - September 25 9am—Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- Volleyball (Men)** - September 10 9am —Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- Volleyball (Women)** - September 11 9am —Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- Washers**—September 17 10:30am Brandywine Springs Park, Newport Gap Pike (Rt 41) and Faulkland Road.
- Weight Lifting**— September 24 9am Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- Wii Bowling**— October 1 9am Long Neck CHEER Center, 26089 The Shoppes at Long Neck, Unit #7, Millsboro, DE 19966
- Wii Golf**— October 19 10am —Methodist Country House, 4830 Kennett Pike, Wilmington, DE 19807
- DSO ANNUAL GAMES OPENING CEREMONIES**— August 14 — Noon—5pm Dover Park, Dover, DE
- DSO Annual Award Luncheon** — November 5—Jonathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962

DSO 2011 ANNUAL GAMES SPORTS AND EVENTS CALENDAR—BY DATE

- June 25 7:30 am **Triathlon**—RAIN OR SHINE Lake Como, Smyrna, DE 19977
- August 27 8am **Pickleball** - Wellness & Rec. Ctr., Delaware State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- September 10 9am—**Softball—Men** (Rain date 9/11 or 9/17) Schutte Park, corner of Electric Ave., & North St., Dover, DE
- September 10 9am **Volleyball (Men)** - Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- September 11 9am **Volleyball (Women)** - Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- September 13 9am **Golf**— RAIN OR SHINE Jonathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962
- September 14 9am **Shuffleboard**—(Rain date 9/16)- Methodist Manor House, 1001 Middleford Road, Seaford, DE 19973
- September 17 9am **Cycling 20K & 40K Road Races**—RAIN OR SHINE Smyrna Municipal Park, North Main Street, Smyrna, DE 19977
- September 17 10:30am **Washers**—Brandywine Springs Park, Newport Gap Pike (Rt 41) and Faulkland Road.
- September 17 11am **Billiards**—Sandbar, 713 N. Broad Street, Middletown, DE 19709
- September 17 2pm **Baseball**— (Rain Date 9/18) Banning Park, 790 S. Maryland Ave., Wilmington, DE 19804 (off Newport Pike)
- September 17 9:30am **Road Race 5K**—RAIN OR SHINE Bellevue State Park, 800 Carr Road, Wilmington, DE 19809
- September 23 9am **Swimming**—Central DE YMCA, 1137 S. State St., Dover, DE 19901
- September 24 9am **Weight Lifting**— Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- September 24 9:30am **Racquetball**— DAFB Fitness Center, Dover AFB, Dover, DE
- September 24 9:30am **Road Race 10K**—RAIN OR SHINE Bellevue State Park, 800 Carr Road, Wilmington, DE 19809
- September 24 9am—**Softball—Women** (Rain date 9/25 or 10/1) Schutte Park, corner of Electric Ave., & North St., Dover, DE
- September 25 9am **Volleyball (Co-Ed)** - Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- September 25 9:30am **Race Walk**—RAIN OR SHINE DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- September 25 10am **Track & Field**—RAIN OR SHINE DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- September 27 9:30am **Bowling Prelim. —Singles** Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- September 28 9:30am **Bowling Prelim. -- Doubles** Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- September 29 9:30am **Bowling Prelim— D. Mixed** Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- October 1 10am **Bocce**— (Rain date 10/8/11) Cokesbury Village, 726 Loveville Road, Hockessin, DE 19707
- October 1 9am **Wii Bowling**— Long Neck CHEER Center, 26089 The Shoppes at Long Neck, Unit #7, Millsboro, DE 19966
- October 1 & 2 **Tennis**— Del Castle Tennis Ctr., 710 McKennan's Church Road., Wilmington, DE
- October 2, 11am **Horseshoes**—(Rain Date 10/9/11) New Castle Moose #1578, US Rt. 13, 621 S. Dupont Hwy., New Castle, DE 19720
- October 4 9:30am **Bowling Prelim**—Singles Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- October 5 6:30pm **Table Tennis**—Pearson Hall, Univ., of DE, 125 Academy St., Newark. DE 19711
- October 5 9:30am **Bowling Prelim**—Doubles Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- October 6 9:30am **Bowling Prelim -- D. Mixed** Milford Bowling Center, 809 S. DuPont Hwy, Milford, DE 19963
- October 9, 10am **Archery**—(Rain Date 10/16) - Mid-Delarchers Club, 743 Fox Hunters Rd., Harrington, DE 19952
- October 12 9am **Cycling Time Trials**—(Rain date: 10/13) Dover Motor Sport (Dover Downs), 1131 N. DuPont Hwy, Dover, DE 19901 (In back near Miles The Monster statue)
- October 15 9am **Power Walks (1 Mile & 5K) (Previously Recreational Walk)** - RAIN OR SHINE DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- October 18 9:30am **Bowling Finals**—Singles Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- October 19 9:30am **Bowling Finals**—Doubles Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- October 19 10am **Wii Golf**—Methodist Country House, 4830 Kennett Pike, Wilmington, DE 19807
- October 20 9:30am **Bowling Finals**— D. Mixed Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- October 26 10am **Badminton**—Mid-County Sr. Center, 1 Regiment Road, Wilmington, DE 19808
- October 29 9:30am **Basketball (Men & Women)** — PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707
- October 29 8:30am **Basketball Shooting**— PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707

Line Dancing— TBD—

Soccer—TBD

DSO ANNUAL GAMES OPENING CEREMONIES—August 14 — Noon—5pm Dover Park, Dover, DE

DSO Annual Award Luncheon — November 5—Jonathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962