

Delaware Senior Olympics 2010 Games Team Entry Form

TEAM NAME: _____

TEAM CAPTAIN ID: _____

TEAM CAPTAIN NAME: _____

DELAWARE IS AN OPEN STATE FOR THE DELAWARE SENIOR OLYMPICS GAMES

Please see the Sports Information Packet for more details on the Sports and Events.

Please enter the information below for any new players on an existing team or to enter all members of a new team. Copy this form as many times as necessary to complete the entry for the team.

Team Player DSO ID #: _____

Last Name: _____

First Name: _____

MI: _____ Suffix: _____ DOB: _____

Gender: _____ Shirt Size: _____

Address: _____

City, State, Zip: _____

Work Phone: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Team Player DSO ID #: _____

Last Name: _____

First Name: _____

MI: _____ Suffix: _____ DOB: _____

Gender: _____ Shirt Size: _____

Address: _____

City, State, Zip: _____

Work Phone: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Team Player DSO ID #: _____

Last Name: _____

First Name: _____

MI: _____ Suffix: _____ DOB: _____

Gender: _____ Shirt Size: _____

Address: _____

City, State, Zip: _____

Work Phone: _____

Home Phone: _____

Cell Phone: _____

Email: _____

Team Player DSO ID #: _____

Last Name: _____

First Name: _____

MI: _____ Suffix: _____ DOB: _____

Gender: _____ Shirt Size: _____

Address: _____

City, State, Zip: _____

Work Phone: _____

Home Phone: _____

Cell Phone: _____

Email: _____

TEAM FEES:

Basketball — \$65.00	10/30 event with 9/18 entry deadline
Softball Men—\$100.00	9/18 event with 9/8 entry deadline
Softball Women—\$100.00	9/25 event with 9/15 entry deadline
Volleyball Men — \$120.00	9/11 event with 9/2 entry deadline
Volleyball Women — \$120.00	9/12 event with 9/2 entry deadline
Volleyball Co-Ed—\$120.00	9/26 event with 9/2 entry deadline

Membership, for each Team Player, in the Delaware Senior Olympics is **REQUIRED** for Entry into the 2010 Games.

If an individual has not completed the Membership Application, please complete the form (found on the website) and mail it, along with the \$20 fee, with this Entry Form.

Please make check payable to and mail to:

DELAWARE SENIOR OLYMPICS, 1121 FORREST AVENUE, DOVER, DE 19904

2010 Annual Games Rules (PLEASE READ COMPLETELY)

Age/ Age Categories: Age for these Games will be the athlete's age as of December 31, 2010. 50 is the Minimum age for entries, except Soccer, which is 45. Teams and doubles will be grouped by the age category of their youngest member. Example: 50+, 55+, 60+, etc. Age for the National Games will be the athlete's age as of December 31, 2011.

Eligibility: Membership in the Delaware Senior Olympics **is required** to participate in the annual games. For team sports, each team must represent a state and members must be from that state except that the following number of non-residents are allowed: Softball 5 (except 6 for 70+ teams), Volleyball 4 (except 5 for 70+ teams), and Basketball 1 (except 3 for 70+ teams). The Games are open to non-Delaware residents. Doubles will represent Delaware if either member is from Delaware.

Proof of Age/Residence: Not required with entry, but, if challenged, athletes should be prepared to provide verification at venue.

Teams: Team captains should file a 2010 Team Registration form for their entire team, listing all players. The form must be accompanied by a single check: \$65 for Basketball, \$100 for Softball, and \$120 for Volleyball.

Cancellations and Refunds: Cancellations will be accepted for refund up to the Sport's Entry Deadline. Refunds will be subject to a 25% handling charge.

Sport Entry Deadline: Each sport has an individual cut-off date for entries. Some sports allow late entries, if approved by the Coordinator.

Rules and Results: Published on our website: www.delawareseNIorolympics.org.

Awards/National qualification: Out of state participants will receive medals based on their finish in overall competition. Delawareans will receive medals based on their finish among Delawareans. **INDIVIDUALS & DOUBLES:** First, Second, Third, and Fourth place medal winners (Cycling & Tennis—First, Second, and Third place), as well as those meeting NSGA minimum performance standards, qualify for the National Senior Games. Minimum standards have been established by NSGA in the sports of Archery, Golf, Race Walk, Road Race, Swimming, and Track & Field. **IN GOLF, minimum standards must be met in order to qualify for the National Games.** Minimum performance standards can be obtained at www.nsga.org or by contacting your sports coordinator. **TEAMS:** First, Second, and Third place medal winners qualify for the National Games. Gold, Silver, Bronze, and Copper (when appropriate) medals will be awarded at the Delaware Games.

Caps for National: In Bowling and Tennis, athletes may enter a maximum of 2 events in which they have qualified. In Archery, a maximum of 1 event, and in Swimming, a maximum of 6 events including bonus events, may be entered. An athlete may compete in a maximum of 2 individual and 2 team sports in the National Games.

Equipment: Entrants are required to furnish all customary and usual personal sports equipment for their individual sport. Questions should be directed to the Sports Coordinator.

**FAXED OR E-MAILED ENTRIES WILL NOT BE PROCESSED UNTIL PAYMENT IS RECEIVED.
NO CHANGES TO EVENT SELECTION AFTER SPORT ENTRY DEADLINE.**

DELAWARE SENIOR OLYMPICS STRONGLY RECOMMENDS THAT PARTICIPANTS CONSULT THEIR PHYSICIAN IN REGARD TO TRAINING AND COMPETITION IN THE DELAWARE SENIOR OLYMPIC GAMES

IT IS RECOMMENDED THAT ALL ATHLETES ARRIVE 30 MINUTES PRIOR TO HIS/HER EVENT TO ALLOW FOR TIME TO WARM-UP.

DSO RAIN POLICY:

Only the Sports Coordinator, in cooperation with the over-all coordinator, can postpone or cancel an event.

Announcements are recorded on the DSO Office Phone (302-736-5698) and are posted on the website: www.delawareseNIorolympics.org. If no announcement is made, it is the responsibility of the athlete to show up at the event. If the event is conducted the standings are final.

Sport Bottles: each athlete will receive 1 bottle.

T-shirts and Collared (polo) DSO shirts are available for purchase and may be ordered using the 2010 Games Entry Form. Orders must be received by August 12, 2010.

DSO 2010 ANNUAL GAMES SPORTS AND EVENTS CALENDAR—BY DATE

July 17—Triathlon - Lake Como, Smyrna, DE 19977

August 4—5K Road Race—Rain or Shine 6:30pm 20th 5K the Westside Way, Riverfront, Overlook Pavillion

August 8—DSO ANNUAL GAMES OPENING CEREMONIES— Noon—5pm DOVER PARK, DOVER, DE

+++August 28 —Baseball (Rain date 9/11/10) - 4 pm Frawley Stadium, 801 Shipyard Drive, Wilmington, DE 19801

August 28—Pickleball 9am (Rain Date 8/29) Sanford School, 6900 Lancaster Pike, Hockessin, DE 19707

September 4—Recreational Walks (1 Mile & 5K)—The Riverfront, Wilmington, DE—take exit 6 off I-95

September 8—Badminton— 11am Mid-County Sr. Center, 1 Regiment Road, Wilmington, DE 19808

September 11—Volleyball (Men) A.I. DuPont H.S., 50 Hillside Road, Greenville, DE 19807

September 11—Washers 10:30am Brandywine Springs Park, Newport Gap Pike (Rt 41) and Faulkland Road.

September 12—Volleyball (Women) 10am A.I. DuPont H.S., 50 Hillside Road, Greenville, DE 19807

September 14—Golf 9am Johnathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962

September 14 —Shuffleboard (Rain Date 9/15/10) - Methodist Manor House, 1001 Middleford Road, Seaford, DE 19973

September 14 —Bowling Prelim. —Singles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711

September 15 —Bowling Prelim. --Doubles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711

September 16 —Bowling Prelim—D. Mixed 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711

September 18—Race Walk 9:30am DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901

September 18—Track & Field 10am DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901

September 18—Softball—Men (Rain date 9/19) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE

September 18—Cycling 20K & 40K Road Race—10am (Rain Date: 10/9) New Beginnings Church of God, 3341 Mahan Corner Road, Marydel, DE 19964

September 19—Weight Lifting 9am Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE

September 21 —Bowling Prelim. —Singles 9:30am Brunswick Doverama, 1600 S. Governors Ave, Dover, DE 19904

September 22 —Bowling Prelim. --Doubles 9:30am Brunswick Doverama, 1600 S. Governors Ave, Dover, DE 19904

September 23 —Bowling Prelim—D. Mixed 9:30am Brunswick Doverama, 1600 S. Governors Ave, Dover, DE 19904

September 24—Swimming—9am—Central DE YMCA, 1137 S. State St., Dover, DE 19901

September 25—Billiards 10am Mango's, 19 Salem Village Square, Newark, DE 19713

September 25 —Racquetball 9:30am DAFB Fitness Center, Dover AFB, Dover, DE

September 25—Softball—Women (Rain date 10/2 or 3) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE

September 25 —Wii Bowling 9am Long Neck CHEER Center, 26089 The Shoppes at Long Neck, Unit #7, Millsboro, DE 19966

September 25 and 26 —Tennis Del Castle Tennis Ctr., 710 McKennan's Church Road, Wilmington, DE

September 26—Volleyball (Co-Ed) 10am A.I. DuPont H.S., 50 Hillside Road, Greenville, DE 19807

October 2 —Bocce 10am (Rain Date 10/9) PUMH, Cokesbury Village, 726 Loveville Road, Hockessin, DE 19707

****October 3—Horseshoes (Rain Date 10/10) 11am New Castle Moose #1578, US Rt. 13, 621 S. Dupont Hwy, New Castle, DE 19720**

October 5 —Bowling Finals — Singles 9:30am Mid County Lanes, 875 N. Broad Street, Middletown, DE 19709

October 6 —Bowling Finals — Doubles 9:30am Mid County Lanes, 875 N. Broad Street, Middletown, DE 19709

October 6—Cycling Time Trials 9am (Rain date: 10/7) Dover Motor Sport (Dover Downs), 1131 N. DuPont Hwy, Dover, DE 19901

October 6—Table Tennis 6:30 pm Pearson Hall, Univ., of DE, 125 Academy St., Newark. DE 19711

October 7 —Bowling Finals — D. Mixed 9:30am Mid County Lanes, 875 N. Broad Street, Middletown, DE 19709

October 10—Archery (Rain Date 10/17) - 10am Mid-Delarchers Club, 743 Fox Hunters Rd., Harrington, DE 19952

October 22—Line Dancing 9am Claymore Senior Center, 504 S. Clayton Street, Wilmington, DE 19805

October 30—Basketball Shooting 8:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707

October 30—3 on 3 Basketball 9:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707

October 31 —10K Road Race—Rain or Shine 8:30am 8th MHA E-Racing the Blues, Riverfront, Dravo Plaza

November 14—DSO Gala Social Event — Modern Maturity Center (East Wing) 5pm \$19.00 per person

**** New date and location**

+++ New Location

DSO 2010 ANNUAL GAMES SPORTS AND EVENTS CALENDAR—BY EVENT

- Archery**—October 10 (Rain Date 10/17) - 10am Mid-Delarchers Club, 743 Fox Hunters Rd., Harrington, DE 19952
Milford, DE 19963
- +++Baseball**—**August 28 (Rain date 9/11/10) - 4 pm Frawley Stadium, 801 Shipyard Drive, Wilmington, DE 19801**
- Badminton**—September 8— 11am Mid-County Sr. Center, 1 Regiment Road, Wilmington, DE 19808
- Basketball**—October 30 9:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707
- Basketball Shooting**—October 30 8:30am PAL Gym, 7259 Lancaster Pike, Hockessin, DE 19707
- Billiards**—September 25 10am Mango's, 19 Salem Village Square, Newark, DE 19713
- Bocce**— October 2 10am (Rain date 10/9) PUMH, Cokesbury Village, 726 Loveville Road, Hockessin, DE 19707
- Bowling Prelim.** —September 14 Singles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim.** -- September 15 Doubles 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim**— September 16 D. Mixed 9:30am Blue Hen Lanes, 501 Newark Shopping Center, Newark, DE 19711
- Bowling Prelim**—September 21 Singles 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Bowling Prelim**—September 22 Doubles 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Bowling Prelim** -- September 23 D. Mixed 9:30am Brunswick Doverama, 1600 S. Governors Ave., Dover, DE 19904
- Bowling Finals**—October 5 Singles 9:30am Mid County Lanes, 875 N. Broad St., Middletown, DE 19709
- Bowling Finals**—October 6 Doubles 9:30am Mid County Lanes, 875 N. Broad St., Middletown, DE 19709
- Bowling Finals**— October 7 Doubles Mixed 9:30am Mid County Lanes, 875 N. Broad St., Middletown, DE 19709
- Cycling Time Trials**—October 6 9am (Rain date: 10/7) Dover Motor Sport (Dover Downs), 1131 N. DuPont Hwy, Dover, DE 19901
- Cycling 20K & 40K Road Races**—September 18 —10am (Rain Date: 10/9) New Beginnings Church of God, 3341 Mahan Corner Road, Marydel, DE 19964
- Golf**—September 14 9am Johnathan's Landing, 1309 Ponderosa Drive, Magnolia, DE 19962
- **Horseshoes**—**October 3 (Rain Date 10/10) 11am New Castle Moose #1578, US Rt. 13, 621 S. Dupont Hwy., New Castle, DE 19720**
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- Race Walk**—September 18 9:30am DE State Univ., 1200 N. Dupont Hwy, Dover, DE 19901
- Racquetball**— September 25 9:30am DAFB Fitness Center, Dover AFB, Dover, DE
- Recreational Walks (1 Mile & 5K)** - September 4 9:30am The Riverfront, Wilmington, DE—take exit 6 off I-95
- Road Race 5K**— August 4 6:30pm 20th 5K the Westside Way, Riverfront, Overlook Pavillion
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- Softball (Men)** - September 18 (Rain date 9/19) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE
- Softball (Women)** - September 25 (Rain date 10/2 or 3) 9am Schutte Park, corner of Electric Ave., & North St., Dover, DE
- Swimming**—September 24 9am—Central DE YMCA, 1137 S. State St., Dover, DE 19901
- Table Tennis**—October 6 6:30 pm Pearson Hall, Univ., of DE, 125 Academy St., Newark. DE 19711
- Tennis**—September 25 and 26 Del Castle Tennis Ctr., 710 McKennan's Church Road, Wilmington, DE
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- Weight Lifting**— September 19 9am Wellness & Rec. Ctr., DE State Univ., 1200 N. Dupont Hwy, Dover, DE
- Wii Bowling**— September 25 9am Long Neck CHEER Center, 26089 The Shoppes at Long Neck, Unit #7, Millsboro, DE 19966
- DSO ANNUAL GAMES OPENING CEREMONIES—AUGUST 8 — Noon—5pm DOVER PARK, DOVER, DE**
- DSO Gala Social Event — November 14—Modern Maturity Center (East Wing) 5pm \$19.00 per person**
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