

Dear Senior Olympian:

Again is it time for our Annual Games. Here is everything you need to complete your entry for the games.

2009 – Instructions, Sports Information and Rules - Located on our Website. Please be sure to read completely.
http://delawareseniorolympics.org/mainpdfs/2009registration_book.pdf

This year we are separating Team Registration from Individual Registration. There are now two different forms –

2009 – Team Registration Form – Only CAPTAINS of Basketball, Softball, Table Shuffleboard or Volleyball Teams should use this form. If you are a player on a team, you need not register with us. Contact your Captain and he/she will collect your money and take care of your entry. New Captains can find a blank form at http://delawareseniorolympics.org/mainpdfs/2009team_entry_form.pdf Team players should use the Individual registration form if they wish to enter an individual sport, make a donation, or indicate that they are looking for a team.

2009 – Individual Registration Form – This form follows below. Use it for all registration business except team registrations as noted above.

Where walk-ins are allowed, all registrations received after the Entry Deadline must pay a Late Fee of \$5.00 per event.

Make a check for the amount owed. Please be sure to include the Athlete's name and/or ID number on the check and send via U.S. mail together with a signed Waiver and Release Form:

http://delawareseniorolympics.org/mainpdfs/2009waiver_annual_games.pdf

If you have any difficulties with this please call (888-881-6128) or email (admin@delawareseniorolympics.org) our office

Delaware Senior Olympics – 2009 Games – Individual Entry Form

ID Number: _____ Date of Birth: _____ Gender: _____

Last Name: _____ First Name: _____ MI: _____ Suffix: _____

Address: _____

City/State/Zip: _____

Email: _____

Sr. Group Challenge Team: _____

Phone: (Home) _____ (Work) _____ (Cell) _____

USBC # (Bowling only) _____ Driver's License # (Racquetball only) _____

Delaware Senior Olympics – 2009 Games Entry Form
(To enter an event, please change the O to an X to the left of the event)

INDIVIDUAL SPORTS

Aquatics \$4.00 per event

- 1112 200 Free
- 1108 100 Fly
- 1101 50 Back
- 1115 200 IM
- 1105 100 Breast
- 1114 100 IM
- 1106 200 Breast
- 1111 100 Free
- 1103 200 Back
- 1107 50 Fly
- 1110 50 Free
- 1109 50 Free NOVICE
- 1102 100 Back
- 1104 50 Breast
- 1113 500 Free

Archery \$17.00 per event

- 1201 Comp. Fingers
- 1202 Comp. Release
- 1203 Recurve

Baseball \$3.00

- 1401 Baseball(Players will be assigned to Teams)

Basketball Shooting \$5.00

- 1601 Shooting

Bicycling \$4.00 per event

- 2001 Road Race 20K
- 2002 Road Race 40K
- 2003 Time Trials 1M
- 2004 Time Trials 10K
- 2005 Time Trials 5K

Billiards \$3.00

- 1701 Billiards

Golf \$34.00

- 2101 18 Hole Scratch

Horseshoes \$5.00

- 2201 Horseshoes

Line Dance – CW \$3.00 per event

- 2310 Tech Indiv
- 2311 Tech Duet
- 2312 Tech Small
- 2313 Tech Med
- 2314 Tech Lg
- 2320 Show Indiv
- 2321 Show Duet
- 2322 Show Small
- 2323 Show Med
- 2324 Show Lg

Line Dance – Trad \$3.00 per event

- 2330 Tech Indiv
- 2331 Tech Duet
- 2332 Tech Small
- 2333 Tech Med
- 2334 Tech LG
- 2340 Show Indiv
- 2341 Show Duet
- 2342 Show Small
- 2343 Show Med
- 2344 Show Lg

Race Walk \$3.00

- 2401 1500 Meter

Recreational Walk \$3.00 per event

- 2601 1 Mile
- 2602 5K

Road Race \$3.00 per event

- 2701 5K
- 2702 10K

Shuffleboard \$3.00

- 2801 Shuffleboard

Soccer \$3.00 Players will be assigned to Teams

- 2750 Soccer

Track & Field \$3.00 per event

- 3301 100 M Dash
- 3302 200 M Dash
- 3303 400 M Dash
- 3304 800 M Dash
- 3305 1500 M Run
- 3306 Discus
- 3307 High Jump
- 3308 Javelin
- 3309 Long Jump (Standing)
- 3310 Shot Put
- 3311 Running Long Jump

Triathlon \$3.00 -- Add'l \$85.00

- 4001 Triathlon

Weight Lifting \$3.00 per event

- 3501 Bench for Reps
- 3502 Bench Press
- 3503 Dead Lift

TEAM SPORTS

For Basketball, Softball, Table Shuffleboard and Volleyball, please use the Team Entry Form which can be downloaded from www.delawareseniolympics.org

LOOKING FOR A TEAM TO JOIN

Check here and we will try to match you up with a Team:

- 8888 Basketball
- 8889 Softball
- 8890 Volleyball
- 8891 Table Shuffleboard

EVENTS WITH DOUBLES COMPETITION

Badminton \$3.00 per event

- 1301 Singles
- 1302 Doubles Men Partner: Name _____ ID No. _____
- 1303 Doubles Women Partner: Name _____ ID No. _____
- 1304 Doubles Mixed Partner: Name _____ ID No. _____

Bocce \$3.00 per event

- 1801 Singles
- 1802 Doubles Men Partner: Name _____ ID No. _____
- 1803 Doubles Women Partner: Name _____ ID No. _____
- 1804 Doubles Mixed Partner: Name _____ ID No. _____

Bowling Milford Bowling Center \$3.00 Plus \$5.50 due at lanes

- 1911 Singles
- 1912 Doubles Men Partner: Name _____ ID No. _____
- 1913 Doubles Women Partner: Name _____ ID No. _____
- 1914 Doubles Mixed Partner: Name _____ ID No. _____

Bowling Blue Hen Lanes, Newark \$3.00 Plus \$5.00 due at lanes

- 1931 Singles
- 1932 Doubles Men Partner: Name _____ ID No. _____
- 1933 Doubles Women Partner: Name _____ ID No. _____
- 1934 Doubles Mixed Partner: Name _____ ID No. _____

Pickleball \$11.00 per event

- 3700 Singles
- 3701 Doubles Men Partner: Name _____ ID No. _____
- 3702 Doubles Women Partner: Name _____ ID No. _____
- 3703 Doubles Mixed Partner: Name _____ ID No. _____

Racquetball \$3.00 per event

- 2501 Singles
- 2502 Doubles Men Partner: Name _____ ID No. _____
- 2503 Doubles Women Partner: Name _____ ID No. _____
- 2504 Doubles Mixed Partner: Name _____ ID No. _____

Table Tennis \$5.00 per event

- 3101 Singles
- 3102 Doubles Men Partner: Name _____ ID No. _____
- 3103 Doubles Women Partner: Name _____ ID No. _____
- 3104 Doubles Mixed Partner: Name _____ ID No. _____

Tennis \$7.00 per event

- 3215 Singles
- 3216 Doubles Men Partner: Name _____ ID No. _____
- 3217 Doubles Women Partner: Name _____ ID No. _____
- 3218 Doubles Mixed Partner: Name _____ ID No. _____

Wii Bowling \$5.00 per event

- 3803 Doubles Mixed Partner: Name _____ ID No. _____

T-shirt size for Athlete : _____ (Sm, Med, Lg, XLg, XXLg, XXXLg)

Registration Must Be Received By August 15, 2009 To Receive T-Shirt Or To Place Collared Shirt Order.

Registration fee: \$20.00 _____ 8001
 Total of Event Fees: _____
 People Attending Dinner _____ at \$18.00: _____ 8003
 Patron donation: _____ 8004
 Collared (Polo) shirt size _____ count _____ at \$10: _____
 Collared (Polo) shirt size _____ count _____ at \$10: _____
 LATE FEE (\$5.00 PER EVENT) _____
 TOTAL DUE: _____

Please check your computations, sign and
 enclose the waiver along with this form.
 Please make checks payable to and mail to:
Delaware Senior Olympics
1121 Forrest Avenue
Dover, DE 19904

Cancellation Policy: Cancellations will be accepted for refund up to the Sport Entry Deadline. Refunds will be subject to a 25% handling fee.