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Gino's Basketball League

UPCOMING EVENTS:

- 4/26/12—4/28/12 — Eastern Shore Games
- 5/9/12—5/12/12 — Virginia State Games
- 6/30/12 — DSO games begin with the Triathlon
- 7/28/12 — DSO Opening Ceremonies at Dover Park, Dover, DE
- 7/23/12—7/29/12 & 7/31/12—8/5/12 — PA State Games
- 8/29/12—9/1/12 — Canada 55+ Games
- 9/10/12—9/16/12 — European Senior Games
- 9/22/12 — New Game for DSO — DISC GOLF
- 10/8/12—10/20/12 — Huntsman World Games

Torch News

QUARTER 1, 2012

2012: A Qualifying Year for the National Senior Games

2012 will be a year of changes and great events for the Delaware Senior Olympics:

Basketball Shooting: has a new coordinator:

Gerard Glavey (302-475-1018)
gglavey@aol.com.

Disc Golf is a new sport added to the DSO schedule. It is played outside and the only equipment needed are a driver disc and an approach/putter combination disc. For more information, visit the website under **SPORTS** or **contact the coordinator, Pete Gisler Phone: 302-945-7302**
petegis@mac.com

Pickleball is now a qualifying sport for the 2013 NSGA games. We also have two new co-coordinators for Pickleball:

Georgia Billger (302) 227-9210
gojoe57@verizon.net
and
June Fortney (863-512-0333)
jgfortney@msn.com

Track & Field: NSGA has added the 50 meter dash to its lineup for the 2013 games. DSO has also added it to the qualifying lineup. For more info, contact the coordinator,

Charles Donovan (302-424-1545)
chickdon@comcast.net

Volleyball for Women and Co-Ed: now has a new coordinator:

Willa Jones (610-742-0161)
mamabear2424@comcast.net

Basketball, Softball and Volleyball: NSGA has changed the rule regarding out-of-state athletes on rosters. There are no longer limits on the number of out-of-state athletes on rosters. Captains must declare team residency at the time of registration subject to DSO approval.

DSO Opening Ceremonies will be held on July 28, 2012 at the Dover Park in Dover, DE.

NSGA Announces Staff Changes

NSGA announced, on 1/13/12, that Mike Sophia has been named the new Chief Executive Office and Marc T. Riker the new Director of National Games.

PLAY ALL YEAR!

Get ready for the annual games and stay fit all year. There are many leagues and learning opportunities all over Delaware. While these activities are not run by DSO, many DSO members participate. DSO wants to acknowledge these **program leaders** and provide information on their programs to our members. Some of the following names are also Sport Coordinators who go that extra step to encourage participation in their sports. More information can be found on the website under PLAY ALL YEAR or under SPORTS and select the sport of interest.

If you, or someone you know, is running a league or other training opportunities, please contact the DSO office.

Men's Basketball: Gene Mirolli (Gino) runs a Senior 3 on 3 basketball league in Wilmington. Contact info: (302-229-7633) or gjm829@aol.com

Cycling: For those who are just looking for a group to ride with, there are two rides that start in the Dover area. You ride at your own risk. There are no fees.

1. Usually every Tuesday—5 or 5:30pm—meet at the Wyoming Park (Wyoming, DE) parking lot—it is a small park so it should be easy to find the group.
2. Usually every Saturday—9am—meet at the Green Tree Shopping Center (Route 8 & Independence Blvd), Dover, DE — around the Hardee's parking lot.

Pickleball:

Dana C. Aultman has a group that is currently playing indoor Pickleball at the Delaware State University Wellness Center. Contact info: dana.aultman@comcast.net

Dudley Sluder's group plays at the Ocean Pines (Maryland). Contact info: snow-birds77@yahoo.com

Georgia Billger's group plays indoor Pickleball at the Rehoboth and Shields Elementary Schools. Contact info: gojo57@verizon.net

Men's Softball: in New Castle County — Bob Grier can be contacted at (302-737-4823) or (302-563-1657) or griersigns@aol.com In Kent County—Steve Arnold can be contacted at (302-751-1010) or rodnee13@live.com.

Women's Softball: For a list of available team captains, visit the website under SPORTS or contact the DSO office.

Men's Volleyball: Phil Klabunde is the DSO Men's coordinator and also runs volleyball leagues and tournaments throughout the year. Contact info: (302-998-7690) or philklabvb@comcast.net

Women's Volleyball:

In Sussex County, Teal Richards. Contact info: (302-245-6651) or seahawk55@mchsi.com

Walking:

Pete Gisler (team leader for the Easy Striders Senior Group Challenge team and Sport Coordinator for the new sport DISC GOLF) has organized several hikes at Cape Henlopen and Trap Pond state parks, Prime Hook National Wildlife Refuge and other great spots. Contact info: (302-945-7302) or petegis@mac.com

Add Your Name In Annual Games Book

Would you like your name to appear in the 2012 Annual Games Souvenir Book? For a minimum donation of \$5.00, you will be added to the FRIENDS OF DSO listing. We are also looking for Corporate sponsors for the Book. Please contact the DSO Office (302-736-5698 or toll free 888-881-6128) to give Dee Carroll the name of the company and any contact information you might have.

Delaware Senior Olympics 2012 Membership Application
For the period of January 1, 2012—January 31, 2013

PLEASE PRINT THE FOLLOWING INFORMATION, SIGN THE WAIVER AND MAIL THIS FORM WITH YOUR \$20.00 MEMBERSHIP FEE TO

**Delaware Senior Olympics,
 1121 Forrest Avenue,
 Dover, DE 19903**

THIS FORM IS REQUIRED TO PARTICIPATE IN THE DELAWARE SENIOR OLYMPICS ANNUAL GAMES

Name: Last: _____ First: _____ MI: ___ Suffix: _____

DSO ID#: _____ Gender: ___ Date of Birth: _____ Email: _____

Street Address: _____

City, State, Zip: _____

Phones: Home: _____ Work: _____ Cell: _____

WAIVER and RELEASE of LIABILITY

By becoming a member of Delaware Senior Olympics (hereafter “DSO”) and participating in any DSO activities, I agree to abide by all rules and regulations established by DSO and I recognize that by participating in these activities, there is risk of injury.

By registering or participating, the registrant/participant understands that individual health, accident, and/or liability insurance is not provided for Delaware Senior Olympics events and agrees to adhere to program rules.

I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for damages that I may have or that may hereafter accrue to me arising out of or in any way connected with my participation in Delaware Senior Olympics programs/competitions. Photos taken during programs and competition may be used for educational or marketing purposes by Delaware Senior Olympics.

By signing below, I understand and agree to the “waiver and release of liability” .

Signature: _____ Date: _____

The 2012 Membership application is now available.
 Sign Up now so that you can continue to use all the great Membership Benefits.
 Please visit our website www.delawareseniorylympics.org
 often to view any additions or changes to the list of vendors.



Delaware Senior Olympics

1121 Forrest Avenue, Dover, DE 19904
Phone: 302-736-5698 **Fax:** 302-736-5977
Toll Free: 888-881-6128
Email: admin@delawareseniorolympics.org
www.delawareseniorolympics.org

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19901**

RETURN SERVICE REQUESTED



Get the latest news and events on our website at <http://www.delawareseniorolympics.org>
Follow DSO on Facebook, YouTube and Twitter!

If you wish to be removed from the DSO mailing list, please contact us at 302-736-5698 or 888-881-6128

Message from DSO President Paul Gatti

Delaware Senior Olympics (DSO) is a volunteer, not for profit, and the only Delaware organization that offers programs and activities for seniors that are focused on healthy aging and quality of life. These include Walk Delaware, Senior Group Challenge, and organized athletics highlighted by our Annual Games. We operate almost exclusively with volunteers and our office is located in the Modern Maturity Center in Dover.

We are a member of the National Senior Games Association (NSGA), which holds national games every two years. In 2013, they will be held in Cleveland, Ohio. Therefore, this year, 2012, is the qualifying year for those games. Qualifying years are always interesting and exciting. Delaware is an open state, which means out of state residents as well as Delawareans can qualify by way of our Delaware State Games.

Senior Group Challenge continues to grow. Through team fitness competition, we offer encouragement and opportunities for seniors to get off the couch and become more active. We are open to any senior group in Delaware to enroll and participate. Walk Delaware participation also continues to grow and provides individuals a way to increase their physical activities, record it, and have it ac-

knowledged and rewarded.

We are now accepting applications for 2012 DSO memberships. Annual membership streamlines the annual games entry process, completes the waiver signing requirement for all DSO events, and eliminates the need to pay a registration fee to enter the games. Your new membership card also gives you access to discounts from vendors, and free Members-Only events. Please keep an eye on our website for updated lists of the vendors, clinics, and events.

We are always in need for additional help and welcome volunteers to help to fulfill our mission. Any help you may be able to offer is greatly appreciated. Your support will have a positive and direct effect on the health and well being of Delaware's fast growing senior community.

We also have some wonderful sponsors, who help to support us financially. We ask you to also show your support for them.

You are invited to join with us in our pursuit of FUN, FITNESS, FELLOWSHIP and an ACTIVE, HEALTHY LIFESTYLE. We look forward to seeing you soon.

Paul